

Superman

Count: 64

Wall: 4

Level: Improver

Choreographer: Liz Gardiner (July 2020) (Version 1)

Music: Keith Urban - Superman Album: Single (2:50 mins) (BPM 125)



Start after 16 counts on vocals, weight on left.

Direction: CCW - No Tags or Restarts!

S1:, OUT, OUT, BACK, TOGETHER x2 (WONKY V STEP)

1,2,3,4, Step R forward and to R side, Step L to L side, Step R back L side, Step L beside R,
5,6,7,8, Step R forward and to R side, Step L to L side, Step R back L side, Step L beside R,

S2:,WEAVE R WITH A SCUFF

1,2,3,4, Step R to R side, Step L behind R, Step R to R side, Cross L over R,
5,6,7,8, Step R to R side, Step L behind R, Step R to R Side, Scuff L beside R,

S3:, WEAVE L, 1/4 L SHUFFLE

1,2,3,4, Step L to L side, Step R behind L, Step L to L side, Cross R over L,
5,6,7,&,8, Step L to L side, Step R beside L, Turn 1/4 L shuffling forward LRL, (9.00),

S4:, FWD, RECOVER, COASTER STEP x2

1,2,3,&,4, Step R forward, Recover L, Back R coaster step,
5,6,7,&,8, Step L forward, Recover R, Back L coaster step,

S5:, SIDE ROCK , RECOVER, TOG x 2, R SIDE ROCK , RECOVER, BEHIND, SIDE, CROSS,

1,2,&,3,4,&, Rock step R to R side, Recover L, Step R beside L, Rock L to L side, Recover R, Step L
beside R
5,6,7, &, 8, Rock step R to R side, Recover L, Step R behind L, Step L to L side, Cross step R over L,
(3.00)

S6:, SIDE ROCK , RECOVER, TOG x 2, R SIDE ROCK , RECOVER, RECOVER, BEHIND, SIDE, CROSS,

1,2,&,3,4,&, Rock step L to L side, Recover R, Step L beside R, Rock R to R side, Recover L, Step R
beside L
5,6,7,&, 8, Rock step L to L side, Recover R, Step L behind R, Step R to R side, Cross step L over R,

S7:, , HEEL, STEP, 1/4 L HEEL, STEP, HEEL, CLAP, CLAP, STEP x 2

1,&,2,&, Step heel to R diagonal, Step R beside L, Stepping L heel to L diagonal, Step L beside R,
3,&,4,&, Step R heel to R diagonal, Hold and clapping twice (&4), Step R beside L,
5,&,6,&, Step L heel to L diagonal, Step L beside R, Stepping R heel to R diagonal, Step R beside L,
7,&,8,&, Step L heel to L diagonal, Hold and clapping twice(&4), Step L beside R,

S8:, FORWARD, 1/4 L PADDLE x 4

1, 2, 3, 4, Step R forward, 1/4 L paddle, Step R forward, 1/4 L paddle,
5, 6, 7, 8, Step R forward, 1/4 L paddle, Step R forward, 1/4 L paddle,

To finish the dance, change the last paddle to a jazz box.

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Latest Update – 19th July 2020*