

# Salsa La Vida

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BY THE PHOENIX

Count: 32

Wall: 4

Level: Improver

Choreographer: Hotma Tiarma Purba (INA) & Wandy Hidayat (INA) - August 2020

Music: KYEN?ES? - El Carnaval de Celia: A Tribute (La Vida Es Un Carnaval)



Intro: 16c from music

## I. FWD MAMBO, BACK MAMBO, SIDE, CROSS, CHASSE ¼ TURN L

- 1&2 Step R fwd, recover on L, step R back
- 3&4 Step L back, recover on R, step L fwd
- 5&6 Step R to side, recover on L, cross R over L
- 7&8 Step L to side, close R beside L, ¼ Turn L stepping L fwd (9.00)

## II. TOE STRUT R-L, CHASSE, CROSS TOUCH, SIDE TOUCH, COASTER ¼ TURN

- 1&2& Touch R in place, drop R, touch L in place, drop L
- 3&4 Step R to side, close L beside R, step R to side
- 5&6 Touch L over R, touch L to side
- 7&8 ¼ Turn L stepping L behind R, close R beside L, step L fwd (6.00)

## III. DIAGONAL SHUFFLE R-L, FWD, COASTER STEP

- 1&2 Step R to diagonal right, lock L behind R, step R to diagonal right
- 3&4 Step L to diagonal left, lock R behind L, step L to diagonal left
- 5-6 Step R fwd, recover on L
- 7&8 Step R back, close L beside R, step R fwd

## IV. SIDE, BEHIND, SIDE, CROSS, HIP BUMPS, CROSS BACK, ¼ TURN L

- 1-2 Rock L to side, recover on R
- 3&4 Cross L behind R, step R to side, cross L over R
- 5-6 Touch R to diagonal right and hip bumps twice
- 7&8 Cross R behind L, ¼ turn L stepping L fwd (3.00)

Restart: on wall 3 after 16c facing 12.00, wall 9 after 20c facing 9.00

Enjoy the dance!

Contact: hottiepurba@yahoo.com and hidayatwandi73@gmail.com