# With Heart And Soul (aka Cilla and Dusty)!

**Count:** 32 **Wall:** 2 **Level:** High Beginner
**Choreographer:** Claire Bell (UK), Rob Fowler (ES) & I.C.E. (ES) - September 2020
**Music:** Heart and Soul (with Dusty Springfield) - Cilla Black

**Intro: 24 counts from heavy beat (approx. 22 secs) start on the lyric "back"**

**S1: Step, Lock, Step, Mambo ½ Turn, Hitch, ½ Turn, Hitch, Coaster Cross, Side Rock, Recover**

| | |
|---|---|
| 1&2 | Step forward on right, lock left behind right, step forward on right |
| 3&4& | Rock forward on left, recover weight on right, ½ turn left stepping forward on left, hitch right |
| 5& | ½ turn left stepping back on right, hitch left |
| 6&7 | Step back on left, step right next to left, cross left over right slightly |
| 8& | Rock right to right side, recover weight on left 12.00 |

**RESTART 1 During Wall 4, restart here facing 6.00**

**S2: Behind, Side, Cross, Kick, Behind, Side, Cross, Kick, Jazz Box ¼ Turn Cross**

| | |
|---|---|
| 1&2& | Step right behind left, step left to left side, cross right over left, kick left on left diagonal |
| 3&4& | Step left behind right, step right to right side, cross left over right, kick right on right diagonal |
| 5,6 | Cross right over left, step back on left making ¼ right |
| 7,8 | Big stride stepping right to right side, cross left over right 3.00 |

**S3: Rumba Box, Back Mambo, Scissor Step ¼ Turn**

| | |
|---|---|
| 1&2 | Step right to right side, step left next to right, step forward on right |
| 3&4 | Step left to left side, step right next to left, step back on left |
| 5&6 | Rock back on right, recover weight on left, step forward on right |
| 7&8 | Step left to left side, step right next to left, step forward on left making ¼ turn right 6.00 |

**RESTART 2: During Wall 7, restart here facing 12.00**

**S4: Run Forward x3, Hitch, Run Back x3, Kick, Back, Kick, Back, Kick, Coaster, Step Forward**

| | |
|---|---|
| 1&2& | Run forward on right, left, right, hitch left |
| 3&4& | Run back on left, right, left, kick right forward |
| 5&6& | Step back on right, kick left forward, step back on left, kick right forward |
| 7&8& | Step back on right, step left next to right, step forward on right, step left slightly forward 6.00 |

**Start Over**