

# Get It From The Main Vine

**COPPER** **KNOB**  
BY THE POSTAL SERVICE

**Count:** 32

**Wall:** 2

**Level:** Absolute Beginner

**Choreographer:** Ruth Ann Strickland (USA) - September 2020

**Music:** Come and Get Your Love (Gavin Moss Remix) - Redbone



**Intro:** 8 counts

**Alt. Music:** Young Blood (Bad Company--1976) 8 counts (2:38)

## **Section 1 (2 STEP SCUFFS, JAZZ BOX 1/4 TURN RIGHT)**

- 1-2 Step Right foot forward, Scuff L
- 3-4 Step Left foot forward, Scuff R
- 5-8 Step R across L, Step L back, Make a 1/4 turn right & step R to right; Step L together

## **Section 2 (2 HEEL HOOKS)**

- 1-4 Touch R heel forward, Hook R heel across L ankle, Touch R heel forward, Close R foot beside L
- 5-8 Touch L heel forward, Hook L heel across R ankle, Touch L heel forward, Close L foot beside R

## **Section 3 (2 STEP SCUFFS, JAZZ BOX 1/4 TURN RIGHT)**

- 1-2 Step Right foot forward, Scuff L
- 3-4 Step Left foot forward, Scuff R
- 5-8 Step R across L, Step L back, Make a 1/4 turn right & step R to right; Step L together

## **Section 4 (2 TOE STRUTS FORWARD, 4 HIP BUMPS—2 R, 2L)**

- 1-2 Touch Right toe forward, drop right heel as you put weight onto right foot
- 3-4 Touch Left toe forward, drop left heel as you put weight onto left foot
- 5-8 Stepping to R side (with weight on R foot), bump hips twice to the right; swaying to the L side (with weight on L foot), bump hips twice to the Left

**No Tag or Restart**

I hope you enjoy!

**Contact:** [strcklndra@gmail.com](mailto:strcklndra@gmail.com)

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