This Feeling Has Just Begun

Level: Absolute Beginner

Choreographer: Ruth Ann Strickland (USA) - September 2020

Music: Head & Heart (feat. MNEK) - Joel Corry

#16 counts Intro, start on lyrics

Count: 32

Section 1 (2 TOUCH FORWARD-BACKWARD, RIGHT BASIC)

- Touch R toe forward, touch R toe beside L; Touch R toe forward, touch R toe beside L 1-4
- 5-8 Step R to right side, step L together with R, step R to right side, touch L

Section 2 (2 TOUCH FORWARD-BACKWARD, LEFT BASIC 1/4 TURN)

1-4 Touch L toe forward, touch L toe beside R; Touch L toe forward, touch L to beside R 5-8 Step L to left side, step R together with L, step L making 1/4 turn to the left, touch R beside L (9:00)

Section 3 (2 STEP KICKS, 2 STEP CURTSEYS)

- Step right, kick left slightly across right (low kick); Step left, kick right slightly across left (low 1-4 kick)
- 5-8 Step R to right, touch L toe behind R; Step L to left, touch R toe behind L

Section 4 (TWO 1/8 TURNS, TWO HEEL TOGETHERS)

- Step R forward, turn 45 degrees to left 1-2
- 3-4 Step R forward, turn 45 degrees to left
- 5-8 Tap R heel forward, close RF beside LF; Tap L heel forward, close LF beside RG

No Tag or Restart

I hope you enjoy!

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Last Update - 1 Oct. 2020





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