Family Ties

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Alison Metelnick (UK) & Peter Metelnick (UK) - October 2020
Music: More Hearts Than Mine - Ingrid Andress

Start after 8 count intro on vocal - 3mins 34secs - 135bpm
Music Available: Amazon

[1-9] R side, L behind, R side, L cross shuffle, R nightclub basic, ¼ L fwd, L full turn fwd, R fwd

1-2&	Step R side, cross step L behind R, step R side
3&4	Cross step L over R, step R side, cross step L over R
5-6&	Step R side, rock back on L, recover weight on R
7-8&1	Turning ¼ left step L forward (extended 5th position), turning ½ left step R back, turning ½ left step L forward, step R forward (9 o'clock)

Non-turning option 8&1: step R forward, step L together, step R forward

[10-17] L fwd turning ¼ L sweep, R cross, L side, R behind L & L sweep, L behind R, R side, L cross rock & recover, L syncopated back rock & recover, L fwd to diagonal

2-3&4	Step L forward and turn ¼ left as you sweep R back to front (6 o'clock), cross step R over L, step L side, cross step R behind L and sweep L front to back
5&	Cross step L behind R, step R side
6-7	Cross rock L over R, recover weight on R
8&1	Rock L back, recover weight, step L forward toward diagonal (7:30)

[18-25] R fwd, L touch, L back, ½ R shuffle, L fwd, R touch, R back, L sweep into L behind, R side, L fwd

2&3	Toward diagonal step R forward, touch L behind, step L back

WALL 4 RESTART plus tag: During wall 4 dance the first 19 counts which brings you to 11:30.
To restart the dance facing front wall add the following: 4&: Turning 1/8 right rock R back, recover weight on L

4&5	Turning ½ right step R forward, step L together, step R forward towards diagonal (1:30)

Turning option: ½ right step R forward (extended 5th position), turning ½ R step L back, turning ½ R step R forward

6&7	Towards diagonal step L forward, touch R behind L, step R back (sweep L from front to back)
8&1	Cross step L behind R, step R side turning 1/8 right, step L forward (3 o'clock)

[26-32] R fwd, ½ L pivot turn, R fwd, ¾ R hinge turn, cross L over R, R side rock/recover, ¼ R sweeping sailor

2&3	Step R forward, pivot ½ left, step R forward (extended 5th position) (9 o'clock)
4&5	Turning ½ right step L back, turning ¼ right step R side, cross step L over R (6 o'clock)
6-7	Rock R side, recover weight on L
8&	Sweeping R front to back turn ¼ right and cross step R behind L, step L side (9 o'clock)

ENDING: On final wall dance the first 21 counts, then step out on L and hold to strike a pose!
Thanks goes to our friend Sandra for recommending the song to us during lockdown.

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