My Head & My Heart EZ

Count: 32 **Wall:** 4 **Level:** Easy Beginner
Choreographer: SoonYoung-Bae (KOR) - January 2021
Music: My Head & My Heart - Ava Max

Restart : on 2 wall after 16 counts, 6 wall after 16 counts
Tag : No

S1[1-8] CROSS ROCK-RECOVER-SIDE CHASSE(R-L)(12:00)

1 2	cross rock over LF(RF), recover(LF)
3&4	side to R(RF), beside RF(LF), side to R(RF)
5 6	cross rock over RF(LF), recover(RF)
7&8	side to L(LF), beside LF(RF), side to L(LF)(12:00)

S2[9-16] 1/2 TURN L, FWD, FWD SHUFFLE, FWD ROCK, RECOVER, COASTER(6:00)

1 2	fwd step and 1/2 turn L step(RF), fwd step(LF)(6:00)
3&4	fwd step(RF), beside RF(LF), fwd step(RF)
5 6	fwd step(LF), recover(RF)
7&8	back step(LF), beside LF(RF), fwd step(LF)(6:00)

**** RESTART HERE : 2 wall(3:00), 6 wall(12:00)**

S3[17-24] VINE R, SIDE TOUCH AND CLAP×2, ROLLING VINE L, SIDE TOUCH AND CLAP×2(6:00)

1-3	side to R(RF), behind RF(LF), side to R(RF)
&4	side touch beside RF(LF) and clap, clap
5-7	1/4 turn L step(LF), 1/2 turn L step(RF), 1/4 turn L step(LF)
&8	side touch beside LF(RF) and clap, clap(6:00)

S4[25-32] ROCKING CHAIR, 1/2 PIVOT TURN L, RECOVER, 1/4 PIVOT TURN L, RECOVER(9:00)

1-4	fwd rock (RF), recover(LF), back rock(RF), recover(LF)
5 6	fwd step and 1/2 turn L(RF), recover(LF)
7 8	fwd step and 1/4 turn L(RF), recover(LF)(9:00)

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