# The Weight



Count: 40 Wall: 4 Level: High Beginner

Choreographer: Antoinette Claassens (NL) - February 2021

Music: The Weight - Danny Vera



#### Intro: 16 counts, dance starts 2 counts before the song

| L side rock, recover, cross behind-side-cross over, R side rock, recover | r, cross behind-side-step 1/4 L fwd |
|--|-------------------------------------|
|--|-------------------------------------|

| 1   | - 2 | I Frock I - | recover on | RF       |
|-----|-----|-------------|------------|----------|
| - 1 |     | LF IUUK L - | Tecover on | $\Gamma$ |

3 & 4 LF cross behind, RF step aside, LF cross over

5 - 6 RF rock R - recover on LF

7 & 8 RF cross behind, LF step aside, RF step ¼ turn L fwd \*

# Rock fwd, recover, shuffle back, step ½ turn R fwd, step ½ turn R back, cross behind-side-cross over

1 - 2 LF rock fwd - recover on RF

3 & 4 LF step back, RF close, LF step back

5 - 6 RF step fwd ½ turn R, LF step back ½ turn R

7 & 8 RF cross behind, LF step aside, RF cross over

## Side rock, cross shuffle L & R

| 1 - 2 | LF rock L - recover o | n RF |
|-------|-----------------------|------|
|       |                       |      |

3 & 4 LF cross over, RF step behind, LF cross over

5 - 6 RF rock R - recover on LF

7 & 8 RF cross over, LF step behind RF cross over \*

## Point L, close 1/4 turn L, side mambo cross, kick ball cross, side mambo, touch

1 - 2 LF point L - 1/4 L close next to RF

3 & 4 RF rock R, recover on LF, RF cross over

5 & 6 LF kick diagonal L fwd, LF step on ball, RF cross over

7 & 8 LF rock L, recover on RF, LF touch next to RF

### Rock fwd, recover, shuffle back, sailor step 1/4 R, fwd mambo, touch

1 - 2 LF rock fwd - recover on RF

3 & 4 LF step back, RF close, LF step back

5 & 6 RF cross behind, LF step ¼ turn R, RF step fwd

7 & 8 LF rock fwd, recover on RF, LF touch next to RF

### Start over again!

#### Restarts: -

\* wall 3 after sec. 3 (count 24)

\* wall 7 after sec. 1 (count 8)