Head & Heart

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Ari Linedance (KOR) - April 2021
Music: Head & Heart (feat. MNEK) - Joel Corry

No Tag, No Restart

Sec. 1] Knee in (R,L), Jump, Swivel (Toe, Heel, Toe), Knee up

12	Step R Knee in, Jump to R (hand up R)
34	Step L Knee in, Jump to L (hand up L)
5678	Swivel (Toe, Heel, Toe), R Knee up Cross

Sec. 2] Side Touch (R,L), Ball Swivel, Sailor, Sailor 1/4T L

1&2&	Step R Touch to side, R Together, L Touch to side, L together
3&4	Step R Ball Forward, R Swivel Heel out, R Swivel Heel in
5&6	Step R behind L, L Together, R side to R
7&8	1/4Turn L Step L behind R, Step R To R, Step L Forward

Sec. 3] Forward Kick, Back, Side, Together, Side Shuffle

1&2	Step R Kick Forward, R Step Place, L Touch behind R
3&4	Step L Kick Forward, L Step Place, R Touch behind L
56	Step R to R, L Together
7&8	Side Shuffle (RLR)

Sec. 4] Cross Touch (L,R), 1/2 pivot T R, Shuffle Forward

12	Step L Cross Touch, L Side to L
34	Step R Cross Touch, R Side to R
56	Step L Forward, 1/2 Pivot Turn R
7&8	Forward Shuffle (LRL)

Thank you^^

Enjoy the Dance