Best Day Ever

Count: 48 **Wall:** 4 **Level:** Beginner / Improver

Choreographer: Donna Lanagan (USA) - April 2021

Music: Best Day Ever - Sly & The Family Stallone

****2 RESTARTS 1 EASY TAG**

#16 count intro

SECTION 1: forward rock, side rock, back rock,step hold

1-2	rock RF forward recover with weight on LF
3-4	rock RF side recover with weight on LF
5-6	rock RF back recover with weight on LF
7-8	step RF next to LF, hold

****restart here on 3rd wall facing 6:00 & 5th wall facing front****

SECTION 2: forward rock, side rock, back rock, step hold

1-2	rock LF forward recover with weight on RF
3-4	rock LF side recover with weight on RF
5-6	rock LF back recover with weight on RF
7-8	step LF next to RF, hold

SECTION 3: two walks forward pivot ½ turn

1-2	walk forward RF LF
3-4	step RF forward pivot ½ turn with weight on LF
5-6	walk forward RF LF
7-8	step RF forward pivot ½ turn with weight on LF

SECTION 4: stomp, stomp, step back, back, heel together, heel together, point side

& 1	stomp RF forward stomp LF forward
2-3	step back on RF step back on LF
4-5	R heel touch forward, step RF next to LF
6-7	L heel touch forward, step LF next to RF
8	Point R toe to R side

SECTION 5: step forward point side, step back point side, step hold

1-2	step forward RF, point LF to left side
3-4	step forward LF, point RF to right side
5-6	step back on RF, point LF to left side
7-8	step LF down next to RF, hold

****tag on 5th wall hold for 2 counts after count 7 (big arms) continue to section 6**

SECTION 6: toe struts jazz box ¼ turn

1-2	step on R toe, crossing in front of LF set RF heel down (to start jazzbox)
3-4	¼ turn L by stepping on L toe, set LF heel down
5-6	step back on R toe , set RF heel down (should now be facing L ¼ turn wall)
7-8	step LF toe next to right, set LF heel down

****song will end on wall 6, ¼ turn second pivot to face front, optional end pose with a smile of course****

Last Update - 17 May 2021