Little Old Country Me

Level: Easy Intermediate

Choreographer: Kim McCloughan (AUS) - May 2021

Music: Country Girl - Ailish McBride : (Album: Country Girl)

This dance is done in 4 directions. **INTRODUCTION: 16 BEATS**

Count: 32

STEP R FORWARD, STEP L FORWARD, ROCK STEPS, FORWARD, BACK, BACK, FORWARD, STEP FORWARD, STEP BACK, LOCK SHUFFLE BACK

- Step R Forward, Step L Forward 1-2
- 3&4& Step R Forward, Step L Back, Step R Back, Step L Forward
- 5-6 Step R Forward, Step Back L
- Lock Shuffle Back: Step R Back, Step L Over R, Step R Back 7&8

COASTER BACK, PIVOT ¼ L, CROSS ,SIDE, STEP, CROSS, SIDE, STEP

- Coaster Back: Step L Foot Back, Step R Foot Together, Step L Foot Forward 1&2
- 3-4 Pivot: Step R Foot Forward Turn 1/4 Turn L, Take Weight On L Foot
- 5&6 Step R Over L, Step L To The Side, Step R In Place
- # Step L Over R, Step R To The Side, Step L In Place 7&8

PIVOT ½ TURN L, SHUFFLE FORWARD, FORWARD, BACK, COASTER STEP

- 1-2 Pivot: Step R Foot Forward Turn 1/2 Turn L, Take Weight On L Foot
- 3&4 Shuffle Forward: Stepping R, L, R
- 5-6 Step L Forward, Step R Back
- 7&8 Coaster Back: Step L Foot Back, Step R Foot Together, Step L Foot Forward

PIVOT ½ TURN L, SHUFFLE FORWARD, FORWARD, BACK, BACK, HEEL, STEP, STEP

- 1-2 Pivot: Step R Foot Forward Turn 1/2 Turn L, Take Weight On L Foot
- 3&4 Shuffle Forward: Stepping R, L, R
- 5-6 Step L Forward, Step R Back
- &7&8 Step L Back, Tap R Heel Forward, Step R In Place, Step L Forward

[32] REPEAT THE DANCE IN NEW DIRECTION

RESTART: ON WALL 4 Dance to count 16 (#) then restart facing the front wall.





Wall: 4