La Luna

Count: 0

Level: Phrased Improver

Choreographer: Daniela Seidel (DE) - May 2021

Music: La Luna (Edit Mix) - Seemannstochter

Start at the beginning

5678

Part A Hip Sway / Shuffle / Forward Steps/ Forward Mambo 123&4 Right hip sway, left hip sway, shuffle to right 567&8 Left hip sway, Right hip sway, shuffle left 123&4 RF forward, LF forward, RF forward 1/2 Turn to L, LF forward RF forward LF forward, RF forward, Rock Step L, Recover to R, LF close 567&8 **Repeat Part A** Part B Stationary Samba Walks with 1/4 Turns to L Close RF to LF, LF back with Part weight, replace on RF, 1&2 3&4 Close LF to RF, RF back with Part weight replace on LF, Turn 1/4 to L 5-8 Repeat 1-4 1-8 Repeat 1-8 Part C Volta Turns and Rock steps with heelgrind 1&2&3&4 Step on RF, LF toe behind (&), Step on RF, LF toe behind (&), Step on RF, LF toe behind (&), Step on RF, ¹/₂ Circle turn over right shoulder during Counts 1-4 5678 LF Rock step forward with heel grind, LF Rockstep back 1&2&3&4 Step on LF, RF toe behind (&), Step on LF, RF toe behind (&). Step on LF, RF toe behind (&), Step on LF, 1/2 Circle turn over left shoulder during Counts 1-4 5678 RF Rock step forward with heel grind, RF Rockstep back Part D Slides, Back Rocks, Travelling Corta Jaca, RF Slide to right, Rock step back LF, 1/4 Turn to L 1 2& 34& LF Slide to left, Rock step back RF, 1/4 Turn to L 5-8 Repeat 1-4 1&2&3&4& Travelling Corta Jaca to right with RF, R heel forwart, LF replace and move slightly to right, R toe back, LF replace and move slightly to right, R heel forwart, LF replace and move slightly to right, R toe back, LF replace and move slightly to right, 5&67&8 RF side, LF Rock step back. LF side, RF Rock step back. (It could be danced as a Samba whisk with Bounce action) 1-8 Repeat the Slide-Part 1-8 Repeat the Travelling Corta Jaca-Part Part E 1 Rock steps, Twist Turn 1 2& 3 4& RF forward, LF Forward Rock step, LF Back, RF Back Rock step

RF forward, LF cross behind RF, ¹/₂ Twist Turn to L (7 8)





Wall: 4

Part A Part A Part B Part D Part E 1	
Part E 2 Rock steps, ½ Turn	
1 2& 3 4& 5 6& 7 8	RF forward, LF Forward Rock step, LF Back, RF Back Rock step RF forward, LF forward ½ Turn to R, RF forward/replace, LF forward(7 8)
1-8	Repeat 1-8
Bridge Toe Heel Action 1 2 3 4 5 6 7 8	n with Swivel, Hip Sway RF toe in, RF heel out, RF toe in , RF heel out, RF toe in, RF heel out, RF toe in , RF close on 8, Swivel on LF ½ Turn to L over 1-8
1 2 3 4 5 6 7 8	LF toe in, LF heel out, LF toe in , LF heel out, LF toe in, LF heel out, LF toe in , LF close on 8, Swivel on RF ½ Turn to R over 1-8
1 2 3 4 5 6 7 8&	Right hip sway, Left hip sway, Right hip sway, Left hip sway, Right hip sway, Left hip sway, Right hip sway, Left hip sway,,RF close, Circle ½ Turn to L over 1-8
1 2 3 4 5 6 7 8 3	Left hip sway, Right hip sway, Left hip sway, Right hip sway, x Point LF, LF close, Turn 1/1 to R over 1-8
Part D	
Part E 1 Part E 2	
Complete dance in order of dancing parts: A-A-B-C-D-E1-A-A-B-D-E1-E2-Bridge-D-E1-E2	
Have fun !!	