Amor Y Dolor

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Caecilia M Fatruan (INA) - May 2021
Music: Amor Y Dolor - Carlos Baute

Dance Start, at the first verse.. Restart on Wall 4 & 8 only 16 count

S1. SIDE ROCK, RECOVER, CHASSE 2x, RIGHT & LEFT

1-2	RF step to the R side,recover on LF
3&4	RF step to the R side, LF close (&), RF step to R side
5-6	LF step to the L side, recover on RF
7&8	LF step to the L side, RF close (&), LF step to L side

S2. MAMBO R&L,WEAVE

1&2	RF back rock, recover on LF (&), RF replace
3-4	LF back rock, recover on RF (&), LF replace
5&6&	RF step in front of LF, LF step to L side (&) RF step behind LF, LF step side (&)
7&8	RF step in front of LF, LF step to L side (&), RF step behind LF

S3. CROSS ROCK 3X, ¼ TURN LEFT, VOLTA HALF TURN RIGHT

1&2&	LF step cross in front of RF, RF step to the R side(&) LF step cross in front of RF, RF step side (&)
3&4	LF step cross in front of RF, RF step R side (&), make 1/4 turn Left, RF step to the L side
5&6&	RF step fwd, LF Close (&), RF step Fwd while 1/4 turn R, LF close (&)
7&8	RF step fwd while ¼ turn R, LF close (&) RF step fwd

S4. RUMBA BOX FWD, ROCK RECOVER, HALF TURN SHUFLE

1&2	LF step to the L side, RF close (&), LF step fwd
3&4	RF step to the R side, LF close (&) RF step fwd
5-6	LF step fwd, recover weight on L
7&8	LF step to the L side, while ¼ turn L, RF close (&) LF step to the L side while ¼ turn L

Well Done..you did it