

Sail Over Seven Seas

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Eva Rizal (INA) - June 2021

Music: Sail Over Seven Seas - Gina T.



Start on vocal

****2 Tag : after wall 2 and after wall 7 (4 count)**

***1 Restart (on wall 5 after 16 count)**

SEC 1 : CROSS ROCK - RECOVER - CHASSE - ¼ TURN - PIVOT ½ TURN - ¼ TURN - CHASSE

1 2 Cross rock R over L, Recover on L
3&4 Step R to side, Close L together, ¼ turn right stepping R forward
5 6 Step L forward, ½ turn right step R in place
7&8 ¼ turn right stepping L to side, Close R together, Step L to side

SEC 2 : CROSS TOUCH - JAZZ BOX

1 2 Cross R over L, Touch L to side
3 4 Cross L over R, Touch R to side
5 6 Cross R over L, Step L back
7 8 Step R to side, Step L forward

SEC 3 : LOCK SUFFLE - PIVOT ½ TURN - ½ TURN - BACK SUFFLE - COASTER STEP

1&2 Step R forward, Lock L behind R, Step R forward
3 4 Step L forward, ½ turn right step R in place
5&6 ½ turn right stepping L back, Lock R over L, Step L back
7&8 Step R back, Close L together, Step R forward

SEC 4 : ROCK - RECOVER - CROSS SUFFLE - ¼ TURN - STEP SIDE - STEP INPLACE

1 2 Rock L to side, Recover on R
3&4 Cross L over R, Step R to side, Cross L over R
5 6 ¼ turn left stepping R back, ¼ turn left stepping L to side
7 8 ¼ turn left stepping R to side, Step L in place

TAG - PIVOT ½ TURN (2x)

1-2 Step R forward, ½ turn left step L in place
3-4 Step R forward, ½ turn left step L in place

Contact: litarosa1981@gmail.com