Yi Qing Guo Hou (疫情過後)



Count: 64 Wall: 2 Level: Improver

Choreographer: Wendy Lin (TW) - June 2021

Music: 疫情過後(DJ) By冷漠



Intro:4X8

Sequence:8x8.8x8.8x8.8x8.8x8.8x8.8x8.8x8.2x8.Ending. Note:(Refer To Video For Hands & Body Movement)

S1. Kick, Kick, Coaster

1 2 3&4 Diag RF Kick LF Out & RF Out,RF Back Step, Together, Fwd Step RF 5 6 7&8 Diag LF Kick RF Out & LF Out, LF Back Step, Together, Fwd Step LF

S2. FWD, Touch X2, Back, Touch X2

1-4 Step RF Fwd ,Touch LF, Step LF Fwd ,Touch RF5-8 Step RF Back,Touch LF, Step RF Back,Touch LF

S3. Kick, Kick, Coaster

1 2 3&4 Diag RF Kick LF Out & RF Out, RF Back Step, Together, Fwd Step RF 5 6 7&8 Diag LF Kick RF Out & LF Out, LF Back Step, Together, Fwd Step LF

S4. Rocking Chair, Paddle Turn L(1/4 X 2)

1-4 Rock RF Fwd, Recover LF, Back Rock RF, Recover LF

5-8 Step RF Fwd, Pivot 1/4 L Turn X 2

S5. Weave, Rock Recover, Chasse R Side

1-4 Cross RF Over LF, Step LF To L Side, Step RF Behind LF, Step LF To L

5 6 7&8 Cross RF Rock, Recover RF, Step RF To R Side, Together LF, Step RF To R Side

S6.Weave, Rock Recover, 1/4 Shuffle Turn

1-4 Cross LF Over RF, Step RF To R Side, Step LF Behind RF, Step RF To R

5 6 7&8 Rock LF Fwd, Recover RF, Shuffle FWD 1/4Turn L

S7.FWD, Kick, Back, Touch X2

1-8 Fwd Step RF, Kick LF, Back Step LF, Back Touch, X2

S8. Jazz Box 4/1, Body Swing

1-4 Cross RF Over LF,1/4 RTurn Back LF,Side Step RF,Few Step LF

5-8 Step RF To Side, Body Swing R, L, R, L

Contact Wendy Lin: L750904@yahoo.com.tw

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