Grain In Ear (Mang Zhong)

Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Blooring Leo (INA), Kelly (INA), Phia Gho (INA) & Fie Fie Phan (INA) - July 2021

Music: Mang Zhong (芒種) - Listening to Yinque's Poems (音闕詩聽) & Zhao Fang Jing (趙方婧)

Intro : 20 count
Sequences : Tag1 - A - B - A - A* - Tag2 - A - B - Tag2 - A - A - A - A*
(A* = Short Wall 16 Count)

TAG 1 (32 count) :
S1: Touch Rf to Side, Touch on ball, Back, Together, Bend Knee, Swing Counterclockwise

1234	Touch RF to R, Touch Rf beside Lf, Step RF back, Step Lf beside RF
5678	Bend both knees, Swing knees to left then counterclockwise to right, Bend both knees, Swing knees to left then counterclockwise to right

S2: Side L, Touch diagonally L, Step R, Kick, Small Run ½ Turn R

1234	Step Lf to L, Touch Rf across Lf (body facing 10.30), Step Rf to R (12.00), Kick Lf frwd
56	Step Lf frwd, Turn ¼ R Step Rf frwd (03.00)
7&8	Small Run L, R, L to ¼ R (06.00)

S3:, S4: Repeat S1 & S2 (12.00)

TAG 2 (4 count)

1234	Touch Rf to R, Touch Rf beside Lf, Touch Rf to R, Touch Rf beside Lf (For count 3,4 swing R Arm make a full circle clockwise)

PART A (32 Count)
S1: Rock Side, Recover, Weave, Touch L, ¼ L Hitch, Coaster Step

123&4	Step Rf to R, Recover Lf, Step Rf behind Lf, Step Lf to L, Step Rf Across Lf
567&8	Touch Lf to L, ¼ L Hitch Lf, Step Lf Back, Step Rf beside Lf, Step Lf frwd (09.00)

S2: Walk ¾ R, Rocking Chair, Hook

123&4	Turn ¼ R Step Rf frwd, Turn ¼ R Step Lf frwd, Triple Step small run RLR Turn ¼ R (06.00)
5678	Step Lf frwd, Recover Rf, Step Lf back, Hook Rf (A* end here)

S3: Side, Behind, Side, Touch On Ball, Touch L, L Full Turn Rolling Vine, ¼ L Touch Bend Knees

123&4	Step Rf to R, Step Lf behind Rf, Step Rf to R, Touch Lf beside Rf, Touch Lf to L
5678	Turn ¼ L Step Lf frwd, Turn ½ L Step Rf back, Turn ¼ L Step Lf to L, Turn ¼ Touch Rf beside Lf bend both knees head look down (03.00)

S4: ¼ R Straighten and Walk, Touch, Walk, Touch, Jazz Box

1234	Turn ¼ R Straighten body Step Rf fwrd, Touch Lf to L, step Lf frwd, Touch Rf to R (06.00)
5678	Cross Rf across Lf, Step back LF, Step Rf to R, Step Lf frwd

PART B (32 Count)
S1: Forward, Touch Side, Forward, Touch Side

1234	Step Rf Frwd, Touch LF to L, Hold for 2 count
5678	Step Lf Frwd, Touch Rf to R, Hold for 2 count

S2: Step Back, ½ L Step Forward, Together, Hold, Tilt Head Counterclockwise

1234	Step Rf back, Turn ½ L Step Lf frwd, Step Rf beside Lf, Hold (12.00)
5678	Tilt head to L, tilt to left back, tilt to right back, tilt to R

S3: Forward, Touch Side, Forward, Touch Side

1234	Step Rf Frwd, Touch LF to L, Hold for 2 count
5678	Step Lf Frwd, Touch Rf to R, Hold for 2 count

S4: Step Back, Together, Roll R shoulder, Pop Chest, Rock back, Together,

123&4	Step Rf back, Step Lf beside Rf, Roll R shoulder up, Pull both shoulder back, Pull Both shoulder forward
5678	Step Lf back bend both knees while head looking back, Look fwrd Recover Rf and Step Lf beside Rf, Bend both knees sway to left, Recover weight to center

ENJOY!

For full arm movement, please watch our tutorial video.
This choreography also inspired by Transcend Dance Cover.

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