Losing All Control (WDM21)

Count: 96 **Wall:** 2 **Level:** Phrased Advanced

Choreographer: Mark Furnell (UK), Chris Godden (UK), Ray Jones (WLS) & Matt Lewis (UK) - July 2021

Music: Stay - Tooji

#32 Count Intro / Approx 15 Secs
Sequence: A, B, Tag 1, A, B, Tag 1, Tag 2, B, B, Tag 1

Part A
[01 - 08]: Heel Grind, ¼ Turn, Extended Back Shuffle, Together, Step, Together, Body Roll

1 -2	Grind right heel to right, turn ¼ right step left back (3:00)
3&4&5	Step right back, step left beside right, step right back, step left beside right, step right back
6&	Step left beside right, step right forward
7-8	Step left beside right body rolling up from knees to head

[09 - 16]: Walk, Walk, Step ½ Pivot Step, Ball Rock, Ball Step ¼ Hitch

1-2	Step right forward, step left forward
3&4	Step right forward, turn ½ left transferring weight onto left, step right forward (9:00)
&5-6	Step left beside right, rock right forward, recover weight onto left
&7-8	Step right beside left, step left forward, turn ¼ right hitch right knee (12:00)

[17 - 24]: Skate, Skate, Shuffle, Skate Skate , Shuffle

1-2	Step right to right diagonal, step left to left diagonal
3&4	Step right to right diagonal, step left beside right, step right to right diagonal
5-6	Step left to left diagonal, step right to right diagonal
7&8	Step left to left diagonal, step right beside left, step left to left diagonal

[25 - 32]: ⅛ Press, Slide, Press, Slide, Step ⅜ Pivot, Side, Side

1-2	Turn ⅛ left press right toe forward, slide left foot back keeping weight on right (10:30)
3-4	Press left toe forward, slide right foot back keeping weight on left
5-6	Step right forward, turn ⅜ left transferring weight onto left (6:00)
7-8	Step right to right, transfer weight onto left

Arms wipe brow with right hand

[33 - 40]: Cross, ¼ Turn, Coaster Step, Step ¼ Pivot, Behind Side Cross

1-2	Cross right over left, step left to left
3&4	Turn ¼ right step right back, step left beside right, step right forward (9:00)
5-6	Step left forward, turn ¼ right transferring weight onto right (12:00)
7&8	Step left behind right, Step right to right, Cross left over right

[41 - 48]: Out Out, Arms, Body Rotation, Step

1-2	Step right to right diagonal, step left to left
3-4	Place right arm forward at shoulder height, place left arm forward at shoulder height
5-8	Rotate body from left to right anti-clockwise (weight ends on left)

[49 - 56]: Jazzbox ¼ Turn, Jazzbox ¼ Turn (6:00)

1-2	Cross right over left, turn ¼ right step left back
3-4	Step right to right, step left forward
5-6	Cross right over left, turn ¼ right step left back
7-8	Step right to right, step left forward

[57 - 64]: Out Out, Arms, Body Roll

1-2	Step right to right diagonal, step left to left
3-4	Place right hand on center of chest, place left hand on right hand
5-8	Body roll from head to feet weight ending on left

Part B

[01 - 08]: Dorothy Step, Dorothy Step, Out Out, Ball Cross, ½ Unwind

1-2&	Step right forward, lock left behind right, step right forward
3-4&	Step left forward, lock right behind left, step left forward
5-6	Step right to right diagonal, step left to left
&7-8	Step right beside left, cross left over right, unwind ½ right weight on left (12:00)

[09 - 16]: Walk, Walk, Kick Ball Step, Walk, Walk, Step ¼ Pivot

1-2	Step right forward, step left forward
3&4	Kick right forward, step right beside left, step left forward
5-6	Step right forward, step left forward
7-8	Step right forward, turn ¼ left transferring weight onto left (9:00)

Arms

7	Cross arms in front of chest making an X
&	Take both arms out to the each side, elbows bent at 90 degree angle, hands at head height
8	Keep elbows bent at 90 degree angle, drop both hands down

[17 - 24]: Cross, Hold, Ball Cross Shuffle, Side Rock, ¼ Weave

1-2	Cross right over left, hold
&3&4	Step left beside right, cross right over left, step left beside right, cross right over left
5-6	Rock left to left, recover weight onto right
7&8	Step left behind right, turn ¼ right step right forward, step left forward (12:00)

[25 - 32]: Kick Ball Heel, Ball Touch ½ Unwind, Cross & Heel, Ball Cross, ½ Unwind

1&2	Kick right forward, step right beside left, touch left heel forward
&3-4	Step left beside right, touch right toe back, unwind ½ right transferring weight onto right (6:00)
5&6	Cross left over right, step right to right, touch left heel diagonally forward
&7-8	Step left beside right, cross right over left, unwind ½ left transferring weight onto left (12:00)

Tag 1

[01 - 08]: Slide, Weave, Stomp, Hold, Ball Cross Shuffle

1-2	Step right to right sliding left towards right
3&4	Step left behind right, step right to right, cross left over right
5-6	Stomp right to right, hold
&7&8	Step left beside right, cross right over left, step left beside right, cross right over left

[09 - 16]: Slide, Weave, Stomp, Hold, Ball Cross Shuffle

1-2	Step left to left sliding right towards left
3&4	Step right behind left, step left to left, cross right over left
5-6	Stomp left to left, hold
&7&8	Step right beside left, cross left over right, step right beside left, cross left over right

Tag 2

[01 - 08]: Vine ¼ Turn, Step ½ Pivot Step, Touch, Back

1-3	Step right to right, step left behind right, turn ¼ right step right forward (3:00)
4-6	Step left forward, turn ½ right transferring weight onto right, step left forward (9:00)
7-8	Touch right behind left, step right back

[09 - 16]: Side, Hold, Ball Side Shuffle, Side, Hold, Ball Side Shuffle

1-2	Step left to left, hold
&3&4	Step right beside left, step left to left, step right beside left, step left to left

5-6	Step right to right, hold
&7&8	Step left beside right, step right to right, step left beside right, step right to right

[17 - 24]: ⅛ Rocking Chair, Step ½ Pivot, Walk, Walk

1-2	Turn ⅛ right rock left forward, recover weight onto right (10:30)
3-4	Rock left back, recover weight onto right
5-6	Step left forward, turn ½ right transferring weight onto right (4:30)
7-8	Step left forward, step right forward

[25 - 36]: Jump & Touch, ⅛ Back, ¼ Step, Full Turn Step, Jump Out, Arms

&1-2	Jump forward onto left touching right behind left, turn ⅛ left step right back (3:00)
3&4	Turn ¼ left step left forward, full turn left step right beside left (12:00)
&5-6	Jump both feet out punching both arms forward, punch both arms forward
7&8	Punch both arms forward, punch both arms forward, punch right arm up

Note: On punches forward, start with first punch at shoulder height and lower on the following punches

1-4	Slowly pull right arm down
