# Panama



Count: 32

Wall: 4

Level: Beginner

Choreographer: Hotma Tiarma Purba (INA) & Wandy Hidayat (INA) - August 2021 Music: Panama - Matteo

No tag and no restart	!
Intro: 8 counts	

## I. CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR ¼ TURN

- 1-2 Cross RF over LF, step LF to side
- 3&4 Cross RF behind LF, step LF to side, step RF to side
- 5-6 Cross LF over RF, step RF to side
- 7&8 1/4 Turn L cross LF behind RF, step RF to side, step LF to side (9.00)

## II. CROSS, SIDE, CROSS SHUFFLE, ROCK SIDE, SAILOR 1/4 TURN

- 1-2 Cross RF over LF while bend knee, step LF to side
- 3&4 Cross RF over LF, step LF to side, cross RF over LF
- 5-6 Rock LF to side, recover on RF
- 7&8 1/4 Turn L cross LF behind RF, step RF to side, step LF to side (6.00)

# III. BOOGIE WALK BACK, COSTER STEP, ½ R FLICK, SHUFFLE

- 1-2 Step RF back while LF heel in, step LF back while RF heel in
- 3&4 Step RF back, close LF next to RF, step RF forward
- 5-6 Step LF forward, <sup>1</sup>/<sub>2</sub> turn R step RF in place and flick LF (12.00)
- 7&8 Step LF forward, step RF next to LF, step LF forward

### IV. SIDE, CLOSE, CROSS, CHASSE, ¼ R CHASSE, CROSS MAMBO

- &1-2 Step RF to side, close LF next to RF while push body to R, cross RF over LF
- 3&4 Step LF to side, close RF next to LF, step LF to side
- 5&6 1/4 Turn R step RF to side, close LF next to RF, step RF to side (3.00)
- 7&8 Cross LF over RF, recover on RF, step LF to side

### Enjoy the dance!

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