

# Up

Count: 32

Wall: 4

Level: Beginner / Improver

Choreographer: Andrico Yusran (INA) - August 2021

Music: Up (feat. Demi Lovato) - Olly Murs



**\*\*Tags :**

**\*4 counts after wall 4**

**\*8 counts after wall 2 & 6**

**Start dance after Intro: 16 counts\***

**S1# \*HEEL FORWARD SYNCOPATED - SIDE TOUCH - CLOSE - SIDE TOUCH - CLAP (2x)\***

1&2& Step R heel forward - R close beside L , L heel forward , L tap ball close beside R

3-4 R forward - L close beside R

5&6& R side touch point , R close beside L , L side touch point , L close beside R

7&8 R side touch point , clap hand in front L shoulder

**S2# \*CROSS ROCK - LINDY - FORWARD SHUFFLE\***

1-2 Step R cross over L , L recover

3&4 R side , L close beside R , R side

5-6 L back , R in place

7&8 L forward , R close beside L , L forward

**S3# \*HEEL JACKS - FORWARD ROCK - CHASSE 1/4\***

&1&2 Step R side - L heel diagonal to L , L ball close beside R , R cross over L

&3&4 L side - R heel diagonal to R , R ball close beside L , L forward

5-6 R forward , L recover

7&8 R side 1/4 turn to R - L close beside R , R side ( 3.00 ) weight on R

**S4# \*CROSS ROCK - LINDY - KICK BALL FORWARD**

1-2 Step L cross over R , R recover

3&4 L side , R close beside L , L side

5-6 R back , L in place

7&8 R kick forward , R ball tap close beside L , L forward

**\*TAG 4 COUNTS\***

**\*SIDE - KICK FORWARD - SIDE - CLOSE TOUCH\***

1-4 Step R side , L kick forward , L side , R close touch beside L

**\*TAG 8 COUNTS\***

**\*SIDE TOUCH - CLOSE ( R-L )- ROCKING CHAIR\***

1-4 Step R side touch point , R close beside L , L side touch point , L close beside R

5-8 R forward , L in place , R back , L in place

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