My Life Is Lonely



Count: 32 Wall: 4 Level: Beginner

Choreographer: Abadi Haria (INA) & Emmy Zona (INA) - September 2021

Music: Hidupku Sunyi - Tantowi Yahya



No Tag & No Restart

S1. SIDE, TOGETHER, BACK SHUFFLE, ROCK BACK, RECOVER, FORWARD SHUFFLE

1-2 Step RF to side, Step LF next to RF

3&4 Step RF back, Step LF next to RF, Step RF back

5-6 Rock LF back, Recover on RF

7&8 Step LF fwd, Step RF next to LF, Step LF fwd

S2. RIGHT GRAPEVINE - TOUCH, FULL TURN. LEFT ROLLING VINE - TOUCH

1-4 Step RF to side, Cross LF behind RF, Step RF to side, Touch LF next to RF

5-8 Turn ¼ L. Step LF fwd, Turn ½ L. Step RF back, Turn ¼ L. Step LF to side, Touch RF next to

LF

S3. DIAGONAL FORWARD, LOCK, FORWARD LOCK SHUFFLE (RIGHT/LEFT)

1-2 Step RF diagonal fwd R, Lock cross LF behind RF

3&4 Step RF diagonal fwd R, Lock cross LF behind RF, Step RF diagonal fwd R

5-6 Step LF diagonal fwd L, Lock cross RF behind LF

7&8 Step LF diagonal fwd L, Lock cross RF behind LF, Step LF diagonal fwd L

S4. ROCK SIDE, RECOVER, CROSS SHUFFLE, ROCK SIDE, TURN 1/4 RIGHT .RECOVER, FORWARD SHUFFLE

1-2 Rock RF to side, Recover on LF

3&4 Cross RF over LF, Step LF to side, Cross RF over LF

Rock LF to side, Turn ¼ R. Recover on RFStep LF fwd, Step RF next to LF, Step LF fwd

HOPE YOU ENJOY & HAVE FUN

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