Wellerman's CD



Wall: 0 Count: 48 Level: Improver Contra

Choreographer: Arne Stakkestad (BEL) - September 2021

Music: Wellerman (Sea Shanty) - Nathan Evans

or: Wellerman (Sea Shanty) - Tim Nash



Info: intro 4 counts

**2 Rows, partners facing each other with 1,5 meter distance

Side Rock R. Recove	r. Behind. Side	. Cross. 🤄	Side Rock L.	Recover.	, Behind.	. Side. 0	Cross
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1-2 RF step and rock right side, recover weight on LF

3&4 RF cross behind LF, Lf step left side, RF cross in front of LF

5-6 LF step and rock left side, recover weight on RF

7&8 LF cross behind RF, Rf step right side, LF cross in front of RF

Touch And Heel And Touch And Heel (Traveling Right), Toe Switches, Heel Hitch Heel

1&2 RF touch behind LF, RF step right side, LHeel touch in front of RF

&3&4 LF step in front of LF, RF touch behind LF, RF step right side, LHeel touch in front of RF

&5&6 LF step beside RF, RF touch right side, RF step beside LF, LF touch left side

&7&8 LF step beside RF, RHeel touch diagonally right front, hitch RKnee, RHeel touch diagonally

right front

Shuffles Forward R,L, Hip Bumps R,L

1&2 RF step forward, LF step beside, RF step forward 3&4 LF step forward, RF step beside, LF step forward

Dancers now in 1 row

5&6 RF step beside and bump hips right, left, right 7&8 LF step beside and bump hips left, right, left

Shuffles Forward R,L, Pivot, Stomps R,L

RF step forward, LF step beside, RF step forward 1&2 3&4 LF step forward, RF step beside, LF step forward

5-6 RF step forward, ½ turn left on bal both feet and weight LF

7-8 RF stomp beside LF, LF stomp beside RF

Heel Jack R,L, Kick Ball Cross X2 (Traveling Right)

&1&2 RF step right side, LHeel touch diagonally left forw, return LF, return RF &3&4 LF step left side, RHeel touch diagonally right forw, Return RF, return LF 5&6 RF kick forward, RF step on ball beside LF, LF cross in front of RF 7&8 RF kick forward, RF step on ball beside LF, LF cross in front of RF

Partners now in front of each other, 1,5 meter distance

Side and shimmy, Brush, Brush R, L

1-2 Step RF to R side, Shim	nmy Shoulders
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3-4 Touch LF next to RF and Brush both hands backwards against side of thighs, Brush hands

forward against side of thighs

Step LF to L side, Shimmy Shoulders 5-6

7-8 Touch RF next to LF and Brush both hands backwards against side of thighs, Brush hands

forward against side of thighs