

Lost I Livet

Count: 32

Wall: 2

Level: Improver

Choreographer: Moa Li (SWE), Marie Stridh (SWE) & Madeleine Austrin (SWE) - October 2021

Music: Instruktionsboken - Miss Li



Intro: Start after 32 counts, weight on L

S1. POINT, POINT, SAILORSTEP, POINT, POINT, SAILORSTEP

- 1-2 Point R fwd, point R to R side
- 3&4 Cross R behind L, step L to L side, step R to R side
- 5-6 Point L fwd, point L to L side
- 7&8 Cross L behind R, step R to R side, step L to L side

S2. CROSS, 1/4, BACK, TOUCH, FWD TOUCH, BACK TOUCH

- 1-2 Cross R over L, ¼ turn R step L back
- 3-4 Step R back, touch L in front of R
- 5-6 Step L fwd, touch R behind L
- 7-8 Step R back, touch L in front of R

S3. 1/4 CHASSÉ, SIDE, SIDE, WALK, WALK, ANCHORSTEP

- 1&2 Turn ¼ R step L to L side, step R beside L, step L to L side
- 3-4 Step R to R side, step L to L side
- 5-6 Walk fwd R, L *

*** Option on wall 3 and 6: Hold your arms like you're looking for something**

- 7&8 Cross R behind L, rock fwd L, step slightly back on R

S4. FULL TURN, COASTERSTEP, TOE HEEL STEPx2

- 1-2 Turn ½ L step L fwd, turn ½ L step R back
- 3&4 Step L back, step R beside L, step L fwd
- 5&6 Touch R toe next to L, touch R heel fwd, step R fwd
- 7&8 Touch L toe next to R, touch L heel fwd, step L fwd

TAG: ½ VOLTA TURN R, ½ VOLTA TURN L

- 1&2&3&4 Make 1/8 turn R step R fwd, step L together, 1/8 turn R step R fwd, step L together, 1/8 turn R step R fwd, step L together, 1/8 turn R step R fwd
- 5&6&7&8 Make 1/8 turn L step L fwd, step R together, 1/8 turn L step L fwd, step R together, 1/8 turn L step L fwd, step R together, 1/8 turn L step L fwd

Options: Hold your arms like you're looking for something