Back It Up

Count: 32

Level: Beginner

Choreographer: Amanda Andrews (USA) - April 2020

Music: Back That Thing Up - Justin Moore

KICKS AND COASTERS

- 1, 2 Kick R forward twice
- 3&4 Step R back, Step L together, Step R forward
- 5, 6 Kick L forward twice
- 7&8 Step L back, Step R together, Step L forward

WALK FORWARD AND BACK

- Step forward R, L, R, Touch L toe to left side 1, 2, 3, 4
- 5, 6, 7, 8 Step back L, R, L, Touch R toe to right side

2 JAZZ BOXES WITH ¼ TURNS RIGHT

- Cross R over L 1
- 2 Step L back
- 3 Step R forward turning 1/4 right to 3:00
- 4 Step L together
- 5-8 Repeat 1-4 with 1/4 turn to 6:00

BACK IT UP AND SHAKE IT

- &1,2 Hop back R, L, Clap
- &3,4 Hop back R, L, Clap
- 5, 6 Hip bump right twice
- 7,8 Hip bump left twice

Submitted by: wodonnell@higs.com





Wall: 2