Cut Me Loose

Count: 64 **Wall:** 2 **Level:** Intermediate
Choreographer: Fred Whitehouse (IRE) - April 2022
Music: Cut Me Loose - The Shires

Intro: 16 Counts, Start at approx 9 secs

SEC 1 Step, Full Turn Spiral, Shuffle, Step, ½ Pivot, Step, ¼ Pivot

1-2	Step right forward, spiral full turn left hooking left over right (12:00)
3&4	Step left forward, step right beside left, step left forward
5-6	Step right forward, pivot ½ left transferring weight onto left (6:00)
7-8	Step right forward, pivot ¼ left transferring weight onto left (3:00)

SEC 2 Cross Rock, Side Shuffle, Cross, Side, ¼ Sailor Turn

1-2	Cross rock right over left, recover weight onto left
3&4	Step right to right, step left beside right, step right to right
5-6	Cross left over right, step right to right
7&8	Step left behind right, turn ¼ left step right to right, step left forward (12:00)

Restart Here on Wall 3

SEC 3 Step, Sweep, Cross Shuffle, Side, Full Box Turn

1-2	Step right forward, sweep left from back to front
3&4	Cross left over right, step right beside left, cross left over right
5-6	Step right to right, turn ¼ left step left to left (9:00)
7-8	Turn ¼ left step right to right, turn ½ left step left forward (12:00)

SEC 4 Step, Hold, Step, ½ Pivot, ½ Shuffle, ½ Shuffle

1-2	Step right forward, hold
3-4	Step left forward, pivot ½ right transferring weight onto right (6:00)
5&6	Turn ¼ right step left to left, step right beside left, turn ¼ right step left back (12:00)
7&8	Turn ¼ right step right to right, step left beside right, turn ¼ right step right forward (6:00)

SEC 5 Rock, Coaster Step, Rock, ¾ Shuffle

1-2	Rock left forward, recover weight onto right
3&4	Step left back, step right beside left, step left forward

Option Full Triple Turn Left

5-6	Rock right forward, recover weight onto left
7&8	Turn ½ right step right forward, step left beside right, turn ¼ right step right forward (3:00)

SEC 6 Point, Hold, Ball Point, Hold, Ball Side Rock, Weave

1-2	Point left to left, hold
&3-4	Step left beside right, point right to right, hold
&5-6	Step right beside left, rock left to left, recover weight onto right
7&8	Step left behind right, step right to right, cross left over right

SEC 7 Stomp, Hold, Sailor Step, ⅛ Kick Ball Step, ⅛ Kick Ball Step

1-2	Stomp right to right, hold
3&4	Step left behind right, step right to right, step left to left
5&6	Turn ⅛ left kick right forward, step right beside left, step left forward (1:30)
7&8	Turn ⅛ left kick right forward, step right beside left, step left forward (12:00)

SEC 8 ¼ Shuffle, ¼ Shuffle, Jazz Box

1&2	Turn ¼ left step right forward, step left beside right, step right forward (9:00)
3&4	Turn ¼ left step left forward, step right beside left, step left forward (6:00)
5-6	Cross right over left, step left back
7-8	Step right to right, step left forward
