Only You



Count: 32 Wall: 4 Level: Improver

Choreographer: Lucy Aprilina Lo (INA) - June 2022

Music: Only One You - T.G. Sheppard



S 1: SIDE ROCK - CROSS SHUFFLE -SIDE ROCK - GALLOP

1-2 Rock R to side- Recover on L

3&4 Cross R over L- Step L slightly to side- Cross R over L

5-6 Rock L to side – Recover on R

7&8 Cross L behind R- step R to side- Cross L over R

S 2: SIDE ROCK-TURN 1/4 L-FORWARD SHUFFLE-MAMBO-SWEEP BACK R AND L

1-2 Rock R to side- Turn ½ L, Step L forward (9.00)

*Change step 3-4: Walk forward L and R

**Restart here on wall 4 after 12 c

3&4 Step R forward- Step. L beside R- Step. R forward

5&6 Rock L forward- recover on R- Step L back

7-8 Sweep R from front to back, step R back, Sweep L from front to back, step L back

RESTART HERE ON WALL 2 AND 6

S 3: COASTER STEP -SHUFFLE FORWARD- PIVOT 1/4 L- CROSS SHUFFLE

1&2	Step R back – Step L together - Step R forward
3&4	Step L forward- Step R together- Step L forward
5-6	Step R forward- turn ¼ L, step L in place (6.00)
7&8	Cross R over L- Step L to side- Cross R over L

S 4: SYNCOPATED MONTEREY - HEEL SWITCHES- ROCK- RECOVER- COASTER STEP TURN WITH SWEEP

1-&2& Touch L to Side- Close L beside R- touch R to Side- close R beside L

3&4 & Tap L heel forward- close L beside R-Tap R heel forward – Close R beside L

5-6 Rock L forward- recover on R

7&-8 Turn ¼ L, Sweep Lf from front to back- (3.00)--Step R next to L- Step L forward

RESTART ON WALL 2 & 6 AFTER 16 COUNT

RESTART ON WALL 4 AFTER 12 COUNT WITH CHANGE STEP

(On Session 2 count 3&4) Shuffle forward change to walk R&L

Lets enjoy the dance

Contact me; sanitadress@yahoo.com or lucie2704@gmail.com