

# Kalinka

**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Laura Michaels (UK) & Becky Michaels (UK)

**Music:** Kalinka - Hermes House Band



For styling, link arms with dancers on either side of you for counts 1-16

## **RIGHT GRAPEVINE & KICK, LEFT GRAPEVINE & KICK**

1-4 Step right to side, left behind right, right to side, kick left across right

5-8 Step left to side, right behind left, left to side, kick right across left

## **STEP & KICK X 4 ON RIGHT, LEFT, RIGHT, LEFT**

9-10 Step forward on right, kick left across right

11-12 Step forward on left, kick right across left

13-14 Repeat 9-10

15-16 Repeat 11-12

## **STEP FORWARD ON RIGHT, ½ PIVOT LEFT TWICE, ROCK FORWARD & BACK, HOLD**

17-20 Step forward on right, ½ pivot left. TWICE

21-24 Rock forward on right, recover on left, rock back on right, hold

For styling, cross arms at shoulder height (Cossack style)

## **HEEL SWITCHES X 3, HOLD. HEEL SWITCHES X 3, HOLD**

25&26 Step left heel forward, left foot next to right & right heel forward

&27-28 Step right foot next to left & left heel forward, hold

29-32 Repeat 25-28 starting with right heel

## **CROSS ROCK, SHUFFLE RIGHT, CROSS ROCK, SHUFFLE LEFT WITH ¼ TURN LEFT**

33-36 Cross right over left, recover, shuffle right

37-40 Cross left over right, recover, shuffle left with ¼ turn left

## **STEP FORWARD, ½ PIVOT, RIGHT SHUFFLE, STEP, ½ TURN, ROCK BACK, STEP**

41-44 Step forward on right, ½ pivot left, right shuffle forward

45-48 Step forward on left, ½ turn right, rock back on right, step forward on left

## **STEP FORWARD ON RIGHT, ½ PIVOT LEFT TWICE, ROCK FORWARD AND BACK, HOLD**

49-52 Step forward on left, ½ pivot left twice

53-56 Rock forward on right, recover on left, rock back on right, hold

For styling, cross arms at shoulder height (Cossack style)

## **HEEL SWITCHES X 3, HOLD. HEEL SWITCHES X 3, HOLD**

57&58 Step left heel forward, left foot next to right & right heel forward

&59-60 Step right foot next to left & left heel forward, hold

61&62 Step right heel forward, right foot next to left & left heel forward

&63-64 Step left foot next to right & right heel forward, hold

## **REPEAT**

## **RESTART**

Towards the end of walls 1 & 4, when the music quickens, miss out steps 53-60

## **TAG**

After section 4 during wall 2 dance the following & continue with count 33

1-4 Rock back on right, recover, touch right next to left, hold

## **TAG**

**At the end of wall 3, dance the following when the music stops & start again on the vocals**

- |     |   |
|-----|---|
| 1-4 | Rock forward on right, recover, ½ turn right stepping forward on right, rock forward on left      |
| 5-8 | Recover, ½ turn left stepping forward on left, stomp right next to left, stomp left next to right |
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