Life Is A Highway

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Michael Diven (USA) & Lynne Flanders (USA)
Music: Life Is a Highway - Rascal Flatts

Start the dance after the first 32 counts. You will be starting the dance 8 counts before the lyrics

ROCK, RECOVER, RIGHT COASTER STEP, STEP, TOE TOUCH, ½ TURN TWIST

1-2	Rock forward on right foot, recover weight back to left
3&4	Right coaster step in place
5-6	Step forward on left foot, tap right toe behind left foot
7&8	Twist heels left, right, left while pivoting ½ turn to the right

STEP, TOE TOUCH, LEFT SHUFFLE, STEP, ½ PIVOT, QUICK ROCK-RECOVER-STEP

1-2	Step back on right foot, tap left toe across the right foot
3&4	Left shuffle forward stepping left, right, left
5-6	Step forward on right foot, pivot ½ turn to the left
7&8	Cross rock right over left foot, recover weight back to left and step right foot to right side

CROSS STEP, SIDE STEP, TURNING LEFT SAILOR STEP, ROCK, RECOVER, STEP LOCK BACKWARDS

1-2	Cross left foot over right foot, side step right foot to the right side
3&4	Left sailor step with a ½ turn left stepping left, right, left
5-6	Rock forward on right foot, recover weight back to left
7&8	Step right foot back, lock left foot across right, step back on right

TOE TOUCH, ½ PIVOT, QUICK ROCK-RECOVER-STEP, CROSS STEP, SIDE STEP, LEFT COASTER WITH ¼ TURN

1-2	Touch left toe back, pivot ½ turn left
3&4	Quick rock step right across left, recover weight back to left foot, step right foot to right side
5-6	Cross step left over right, right foot to right side
7&8	Left coaster step with a ¼ turn to the left

REPEAT

When finishing the dance, during the last "7&8" count feel free to do a turning coaster step