

A LONG GOODBYE

COPPER **NOB**
BY THE POUND

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Mark Furnell (UK)

Music: The Long Goodbye - Ronan Keating



Alt. music: The Long Goodbye by Brooks & Dunn (144 bpm)

Begin on lyrics

ROCK SIDE CROSS, ROCK FORWARD AND STEP 1/2 TURN, STEP 1/2 STEP, ROCK SIDE AND CROSS

- 1&2 Rock side on right foot recover to left and cross right over
3&4 Rock forward on left back on right and pivot 1/2 turn left stepping forward on left (6:00)
5&6 Step right forward pivot 1/2 turn left and step right forward (12:00)
7&8 Rock side on left remove onto right and cross left over

SIDE BEHIND 1/4 TURN, STEP 1/2 STEP

- 9&10 Step right side, cross left behind, turn 1/4 right and step right forward (3:00)
11&12 Step left forward, turn 1/2 right step forward on left (9:00)

2 FULL TURNS AND STEP 1/2 STEP

- 13& Step right forward 1/2 turn left, bring left to right making another 1/2 turn (9:00)
14& Step right forward 1/2 turn left, bring left to right making another 1/2 turn (9:00)
15&16 Step right forward, pivot 1/2 turn left and step right forward (3:00)

FULL TURN RIGHT & ROCK FORWARD, LOCK STEP BACK

- 17&18 Step left forward 1/2 turn right, bring right to left making 1/2 turn and rock forward onto left (3:00)
19&20 Step right back, lock left in front on right, step right back

AND LOCK STEP FORWARD AND SWAY

- &21&22 Step left back and step right forward, lock left behind, step forward
23-24 Sway left stepping side on left, sway back on to right

POINT PIVOT 1/2 TURN RIGHT & POINT, CROSS SHUFFLE

- &25-26 Bring left to right and point right toe side, turn 1/2 right shoulder on left and touch right side (9:00)
27&28 Cross right over left, Step left to Left side, Cross right over left.

2 VAUDEVILLES, TRIPLE 1+1/2 TURN LEFT

- &29&30&31 Step left back and touch right heel forward, step down on right, cross left over, step right back touch left heel forward
&32& Step down on left 1/4 turn left, close right to left 1/2 turn left and step right 3/4 turn left (weight to left foot) (3:00)

REPEAT

Last Update – 7 July 2019