No Man's Land

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Craig Bennett (UK)
Music: No Man's Land - Beverly Knight

BACK ROCK RECOVER, COASTER STEP, ROCK ½ TURN, STEP ¾ PIVOT TURN

1&2	Rock back on right, recover onto left, step right to right side
3&4	Step back on left, step right beside left, step forward onto left
5&6	Rock forward on right, recover back onto left making ½ turn right and step forward onto right
7&	Step forward onto left, make ½ turn left stepping back onto right
8	Make ¼ turn left stepping left to left side

HIP SWAYS, LEFT SHUFFLE FORWARD, STEP ½ PIVOT, ROCK ½ TURN RIGHT

1-2-3	Sway hips to right, sway hips to left, sway hips to right making ¼ turn left
4&5	Step forward onto left, close right in place, step forward onto left
6&	Step forward onto right, pivot ½ turn left
7&8	Rock forward on right, recover back onto left, make ½ turn right stepping forward onto right

¼ TURN SIDE STEP, BACK ROCK SIDE, CROSS ¼ TURN, ¼ TURN, BACK ROCK SIDE, COASTER

1	Make ¼ turn right stepping left to left side
2&3	Rock back on right, recover onto left, step right to right side
4&5	Cross left over right, make ¼ turn left stepping back onto right, ¼ turn left stepping left to left side
6&7	Rock back onto right, recover onto left, step right to right side
8&1	Step back onto left, step right in place, step forward onto left

STEP ¼ TURN CROSS ROCK, RECOVER SWEEP HITCH, SAILOR ¼ TURN RIGHT, STEP ½ TURN SIDE

2&3	Step forward onto right, ¼ turn left stepping left to left side, cross rock right over left
4	Recover weight back onto left while hitching right knee

During wall 1 and wall 7 restart dance at this point

5&6	Step back onto right, make ¼ turn left stepping forward onto left, step forward onto right
7&8	Step forward onto left, pivot ½ turn right, step left to left side

REPEAT

RESTART
Restart on wall 1 after count 28
Restart on wall 7 after count 28, but this time hold the hitch for 2 extra counts before starting over