

# Only For You

**COPPER** **NOB**  
BY PERFORMERS

**Count:** 48

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Bo Wallin (SWE) & Joakim Westerlund

**Music:** Here Is My Heart - Lionel Richie



## **STEP LOCK, LEFT SHUFFLE, CROSS ROCK, ¼ TURN SHUFFLE**

- 1-2 Step left to left diagonally, lock right behind left (towards 10:30)  
3&4 Step forward left, close right to left, step left forward (towards 10:30)  
5-6 Rock right over left, recover weight back on to left  
7&8 ¼ Turn right step forward on right foot, close left to right, step forward on right foot (now facing 3:00 wall)

## **STEP ½ PIVOT TURN RIGHT, LEFT SHUFFLE, ¼ TURN RIGHT, SKATES, ¼ TURN RIGHT, RIGHT SHUFFLE**

- 9-10 Step forward left, pivot ½ turn right, weight on right (now facing 9:00 wall)  
11&12 Step forward left, close right to left, step forward on left foot  
& On ball of left foot ¼ turn right (now facing 12:00 wall)  
13-14 Skate forward right, skate forward left  
& On ball of left foot ¼ turn right (now facing 3:00 wall)  
15&16 Step forward right, close left to right, step forward on right foot

## **STEP LOCK, LEFT SHUFFLE, CROSS ROCK, ¼ TURN SHUFFLE**

- 17-18 Step left to left diagonally (towards 01:30), lock right behind left  
19&20 Step forward left, close right to left, step left forward (towards 01:30)  
21-22 Rock right over left, recover weight back on to left  
23&24 ¼ turn right step forward on right foot, close left to right, step forward on right foot (now facing 6:00 wall)

## **STEP ½ PIVOT TURN RIGHT, LEFT SHUFFLE, ¼ TURN RIGHT, SKATES, ¼ TURN RIGHT, RIGHT SHUFFLE**

- 25-26 Step forward left, pivot ½ turn right, weight on right (now facing 12:00 wall)  
27&28 Step forward left, close right to left, step forward on left foot  
& On ball of left foot ¼ turn right (now facing 3:00 wall)  
29-30 Skate forward right, skate forward left  
& On ball of left foot ¼ turn right (now facing 6:00 wall)  
31&32 Step forward right, close left to right, step forward on right foot

## **MAMBO FORWARD, BACK ROCK, TOE TOUCHES, HEEL SWITCH, CROSS, STEP RIGHT**

- 33&34 Rock forward on left, rock onto right in place, step left beside right  
35&36 Rock back on right, rock onto left in place, touch right toe to right side  
&37 Step right beside left, touch left toe to left side  
&38 Step left beside right, touch right heel forward  
&39-40 Step right beside left, cross left over right, step right to right diagonally (towards 07:30)

## **LEFT MAMBO WITH ¼ TURN, CROSS ROCK, HIP BUMPS**

- 41&42 Rock forward on left, rock on to right in place, as you step onto left make a ¼ turn left (now facing 3:00 wall)  
43-44 Cross rock right over left, recover weight back on to left  
45-46 Step right to right side hip bump right. Step left in place hip bump left  
47&48 Hip bumps right, left, right (weight on right)

**REPEAT**

