The Only Way I Know

Count: 48 **Wall:** 2 **Level:** Intermediate
Choreographer: Derek Robinson (UK)
Music: The Only Way I Know - Kenny Rogers

This dance was choreographed originally for my wife. We would both like to dedicate it to the people of America and other countries who lost their lives in New York and Washington on that dreadful day in September 2001. It is 'the only way we know' of expressing our sorrow through the Line Dancing and Music that America gave to this country. And has given so much pleasure to us all.

FORWARD LEFT, TOUCH RIGHT, SIDE RIGHT, CLOSE LEFT, SIDE ROCK, CROSS RIGHT, HOLD

1	Step forward left
2	Touch right beside left
3	Step side right on right
4	Close left beside right
5	Rock side right on right
6	Recover onto left
7	Cross right over left
8	Hold

SIDE LEFT, ROCK BEHIND, RECOVER, GRAPEVINE RIGHT WITH ¼ TURN, PIVOT TURN RIGHT

9	Step side left on left
10	Rock right behind left
11	Recover onto left
12	Step side right on right
13	Step left behind right
14	Step right ¼ turn right
15	Step forward left
16	Pivot ½ turn right

CHASSE LEFT, ROCK BEHIND, CHASSE RIGHT, ROCK BEHIND

17	Step side left on left
&	Close right beside left
18	Step side left on left
19	Rock right behind left
20	Recover onto left
21	Step side right on right
&	Close left beside right
22	Step side right on right
23	Rock left behind right
24	Recover onto right

POINT, STEP FORWARD LEFT, POINT, STEP BACK RIGHT, POINT, STEP FORWARD LEFT, POINT, STEP FORWARD RIGHT

25	Point left toe to left side
26	Step left foot forward
27	Point right toe to right side
28	Step right foot back
29	Point left toe to left side
30	Step left foot forward
31	Point right toe to right side
32	Step right foot forward

LEFT SIDE ROCK, RECOVER, ¼ SAILOR TURN LEFT, RIGHT SIDE ROCK, RECOVER, CROSS-SHUFFLE

33	Rock side left on left
34	Recover onto right
35	Step left behind right
&	Step right beside left
36	Step left in place turning ¼ turn left
37	Rock side right on right
38	Recover onto left
39	Step right foot over left
&	Step left foot to left side
40	Step right foot over left

LEFT SIDE ROCK, RECOVER, CROSS-SHUFFLE, STEP SIDE RIGHT, TOUCH IN, OUT, IN

41	Rock side left on left
42	Recover onto right
43	Step left foot over right
&	Step right foot to right side
44	Step left foot over right
45	Step side right on right
46	Touch left beside right
47	Touch left to left side
48	Touch left beside right (finish with left heel raised)

REPEAT
