Popeye

Count: 32 **Wall:** 2 **Level:** Beginner
Choreographer: Ronnie Fortt (UK)
Music: Tall Ships - Greyhound Express

HEEL SPLITS ON THE SPOT (X3), TOE SPLITS ON THE SPOT (X1)

1-2	Taking weight on both toes: fan heels apart, fan heels together
3-4	Taking weight on both toes: fan heels apart, fan heels together
5-6	Taking weight on both toes: fan heels apart, fan heels together
7-8	Taking weight on both heels: fan toes apart, fan toes together

Fun: for extra fun - with fingers laced, use ripple effects from one elbow to the other, similar to Rob Fowler's 'B.UUT' and also Jamie, Alan, Pedro & Jo's 'Java Jive'

RIGHT GRAPEVINE WITH AN ENDING STEP, RIGHT SWIVET (TWICE)

1-2	Step right to right side, cross-step left behind right
3-4	Step right to right side, step left beside right
5	Taking weight on right heel & left toe: swivel right toe right & left heel left
6	Return both feet to center
7-8	Repeat above counts (5-6)

LEFT GRAPEVINE WITH AN ENDING TOUCH, STEP, HOLD (½-LEFT) HOLD

1-2	Step left to left side, cross-step right behind left
3-4	Step left to left side, touch right toe beside left
5-6	Step forward on right, hold for (1) count
7-8	Pivot ½ turn over left shoulder, hold for (1) count

RIGHT & LEFT SHUFFLES FORWARD, ROCK FORWARD/BACK, STOMP RIGHT/LEFT IN PLACE

1&2	Step forward on right, step left beside right, step forward on right
3&4	Step forward on left, step right beside left, step forward on left

Arms: for more fun - fold arms across body like a sailor leaning right then left as you shuffle. The boat is rocking!

5-6	Rock forward onto right, rock weight back onto left

Styling: try rolling the body to make a large wave

7-8	Stomp right beside left, stomp left beside right

REPEAT