Pushin Me

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5

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18

23

&

24

1

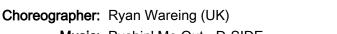
7-8

3&4

Count: 32

Wall: 4

Level: Intermediate



Music: Pushin' Me Out - D-SIDE



POINT, ¼, LEFT SHUFFLE, ROCK FORWARD RECOVER, 2 STEPS BACK Point right to right side Turn ¹/₄ over right shoulder stepping right foot next left (3:00) Step left foot forward, step right next to left, step left foot forward Rock forward on the right foot Recover weight back on left foot Step right foot back, step left foot back ROCK BACK, RECOVER, KICK BALL POINT, CROSS 1/2 UNWIND, CROSS SHUFFLE Rock right foot back Recover weight back on left foot Kick right foot forward, step right next to left, point left foot to left side 11&12 Cross left foot over right Unwind $\frac{1}{2}$ over right shoulder (9:00) 15&16 Cross left foot over right, step right foot to right side, cross left foot over right STEP ¼, STEP ¼, BUMP LEFT, RIGHT, LEFT, SIDE ROCK, RECOVER, SAILOR STEP Step ¹/₄ over right shoulder stepping forward on the right (12:00) Step ¹/₄ over right shoulder stepping left foot to left side (3:00) 19&20 Hip bump left, right, left 21-22 Rock right foot to right side, recover weight on to left foot Right foot behind Make ¹/₂ turn over right shoulder stepping left to left side (6:00) Step right foot to right side KICK, BACK, TOUCH, BODY ROLLS, KICK AND CROSS, SIDE TOUCH 25&26 Kick left foot, step back on left foot, touch right foot forward 27-28 Body roll down, body roll up and putting weight on right foot 29&30 Kick left foot forward, step left foot next to right, cross left foot over right 31-32 Step left foot to left side, touch right foot next to left REPEAT Arms movements for walls 3, 6, 7, 9, 10, 11, 12 (chorus) Right arm forward, palm of hand facing forward

- 2 Continue the right arm while turning 1/4
- 3&4 Shoulder bumps right, left, right
- 7 $\frac{1}{2}$ turn over right shoulder, stepping right forward (6:00)
- 8 $\frac{1}{2}$ turn over right shoulder, stepping back on left (3:00)
- 17 Raise both arms up
- 18 (Gently) slap your bottom cheeks
- 19&20 Keep hands on cheeks
- 25&26 Raise arms to the "I don't know" posture
- 27-28 Keep arms raised to the "I don't know" posture