

# R. U. READY

**COPPER KNOB**  
ART OF MOVEMENT

**Count:** 44      **Wall:** 4      **Level:** intermediate

**Choreographer:** William Sevone

**Music:** Ready To Run by The Dixie Chicks



## 2X SOFT SHOE SHUFFLES, WALK FORWARD: RIGHT, LEFT

- 1&2      Step right foot slightly in front of left, step left foot back slightly, step right foot back to left toe
- 3&4      Step left foot slightly in front of right, step right foot back slightly, step left foot back to right toe
- Styling note for counts 1-4 are 'on-the-spot'
- 5-6      Step forward onto right foot, step forward onto left foot

## 2X SOFT SHOE SHUFFLES, CROSS ROCK, BACKWARD ROCK

- 7&8      Step right foot slightly in front of left, step left foot back slightly, step right foot back to left toe
- 9&10      Step left foot slightly in front of right, step right foot back slightly, step left foot back to right toe
- Styling note for counts 7-10 are 'on-the-spot'
- 11-12      Cross rock right foot over left, rock back onto left foot

## ½ RIGHT, WALK FORWARD: RIGHT, LEFT, SHUFFLE FORWARD, ¼ RIGHT, LEFT CHASSE

- 13-14      Turn ½ right on left foot & step forward onto right foot, step forward onto left foot
- 15&16      Step forward onto right foot, step left foot next to right, step forward onto right foot
- 17&18      Turn ¼ right on right foot & step left foot to left side, step right foot next to left, step left foot to side

## STEP BEHIND, ½ LEFT, RIGHT CHASSE, ROCK BEHIND, ROCK FORWARD, 3X SIDE ROCKS

- 19-20      Step right foot behind left, turning ¼ left step forward onto left foot
- 21&22      Turn a further ¼ left on left foot - stepping right foot to side, step left foot next to right, step right foot to side
- 23-24      Rock left foot behind right, rock forward onto right foot
- 25&26      Rock left foot to left side, recover onto right foot, rock onto left foot

## 2X SAILOR SHUFFLE'S, CROSS, UNWIND ½ LEFT

- 27&28      Step right foot behind left, step left foot to side, step right foot to side
- 29&30      Step left foot behind right, step right foot to side, step left foot to side
- 31-32      Cross step right foot over left, unwind ½ left

## 2X SAILOR SHUFFLES, 3X SIDE ROCKS

- 33&34      Step left foot behind right, step right foot to side, step left foot to side
- 35&36      Step right foot behind left, step left foot to side, step right foot to side
- 37&38      Rock left foot to left side, recover onto right foot, rock onto left foot

## (MOVING FORWARD) 6X ROCK'S, WALK FORWARD - RIGHT, LEFT

- 39&40      Rock onto right foot in front of left, recover onto left foot, rock onto right foot (in place)
- 41&42      Rock onto left foot in front of right, recover onto right foot, rock onto left foot (in place)
- 43-44      Step forward onto right foot, step forward onto left foot

**REPEAT**

Do not confuse counts 39-42 with counts 1-4 or 7-10, even though they may appear and feel similar. They do have different results.