

# R U READY FOR THIS?

**COPPER KNOB**  
ART OF MOVEMENT

**Count:** 64      **Wall:** 2      **Level:** intermediate

**Choreographer:** Celeste Chee

**Music:** **Get Ready 4 This** by 2 Unlimited



## **BIG STEP, HOOK, CROSS, UNWIND ½, OUT, OUT, APPLE JACKS**

- 1-2                      Big step right to side, hook left across right
- 3-4                      Cross left over right, unwind TURN ½ right
- 5-6                      Step left diagonally forward, step right to side
- &7&8                    Left applejack, right applejack

## **¼ STEP, SCUFF, HEEL WALK, TOUCH, HOLD, SWITCH TOUCH, TURN ½ SWITCH TOUCH**

- 1-2                      Turn ¼ left and step left forward, scuff right foot forward
- 3&4&                    Touch right heel forward, cross left behind right, touch right heel forward, cross left behind right
- 5-6                      Touch right toe forward, hold
- Upper body slightly lean backward
- &7&8                    Step right together, touch left to side, hitch left knee, turn ½ right and touch left to side

## **¼ SWITCH TOUCH, CROSS, OPEN KNEE, STEP BACK KICK, HOLD, WEAVE TO LEFT**

- &1-2                    Hitch left knee, turn ¼ right and touch left to side, cross left over right
- 3&4&                    Swivel right knee right, swivel right knee to center, swivel both knees apart, swivel both knees to center
- 5&6                      Step left back, kick right forward, hold
- 7&-8&                    Cross right behind left, step left to side, cross right over left, step left to side

## **EXTENDED WEAVE TO LEFT, SWIVEL, HITCH, LUNGE, HOLD, DRAG WITH SHOULDER SHRUGS**

- 1&-2&                    Cross right behind left, step left to side, cross right over left, step left to side
- 3&4                      Swivel left heel and right toe to left, swivel left toe and right heel to left, swivel left heel and right toe to left
- &                          Hitch right knee
- 5-6                      Rock right forward, hold
- Lower body angled to 10:30, upper body facing 12:00
- 7-8                      Slide left together over 2 counts (10:30)
- During counts 7&8, shoulders shrug 3 times

## **"X" JUMP, "/" JUMP, FORWARD, ¼ TOUCH, RIGHT COASTER**

- 1&                        Hop both feet apart, turn 1/8 right and hop both feet together (12:00)
- 2&                        Turn 1/8 right and hop both feet apart, turn 1/8 left and hop both feet together
- 3&4&                    Turn 1/8 left and hop both feet apart, turn 1/8 right and hop both feet together, hop both feet apart, hop both feet together
- 5-6                      Step left forward, turn ¼ left and touch right to side
- 7&8                      Step right back, step left together, step right forward

Easy version for count 1-4:

- 1&2&3&4                    Touch right heel forward, step right together, touch left heel forward, step left together, touch right heel forward, hitch right knee, touch right heel forward

**MASHED POTATOES FORWARD, MASHED POTATOES BACK, FORWARD, TOGETHER, RIB CAGE TO RIGHT, LEFT**

- &1 Swivel both heels apart, step left forward and swivel both heels together
- &2 Swivel both heels apart, touch right forward and swivel both heels together
- &3 Swivel both heels apart, step right back and swivel both heels together
- &4 Swivel both heels apart, touch left back and swivel both heels together
- 5-6 Step left forward, step right together
- 7-8 Hold, hold

During counts 7-8, push rib cage to right, push rib cage to left

**"X" JUMP, "/" JUMP, FORWARD, ¼ TOUCH, RIGHT COASTER**

- 1-8 Repeat count 33-40

**MASHED POTATOES FORWARD, MASHED POTATOES BACK, FORWARD, TOGETHER, RIB CAGE TO RIGHT, LEFT**

- 1-8 Repeat count 41-48

**REPEAT**

**TAG**

After 2nd wall, you will face 12:00

**STEP, HOLD (3X)**

- 1-4 Step left to side, hold 3 counts with right index finger pointing forward