

R U Ready Freddy

Count: 32

Wall: 4

Level:

Choreographer: Michele Perron (CAN)

Music: I've Been Thinking About You - New Londonbeat



WALKS FORWARD: RIGHT-LEFT-RIGHT; FORWARD-&-BACK; WALKS BACK: RIGHT, LEFT; BACK-&-FORWARD

- 1-2-3 Right step forward, left step forward, right step forward
- 4&5 Left step forward, right step back, left step back
- 6-7 Right step back, left step back
- 8&9 Right step back, left step forward, right step forward

TOUCH/TWIST, STEP/TWIST, BEHIND-&-ACROSS: REPEAT

Optional styling: on counts 10 & 14 is a left knee hitch or the left foot 'hooked' behind right ankle & left knee twists to the right

- 10 Left touch across front of right (allow hips to twist to the right and shoulders face 1:00)
- 11 Left step across and behind right (allow hip to twist to the left and shoulders face 11:00)
- 12&13 Right step across and behind left, left step forward, right step forward and across front of left (allow 'twisting' action)
- 14 Left touch across front of right (allow hips to twist to the right and shoulders face 1:00)
- 15 Left step across and behind right (allow hip to twist to the left and shoulders face 11:00)
- 16&17 Right step across and behind left, left step forward, right step forward and across front of left (allow 'twisting' action)

FORWARD, LOCK, FORWARD-LOCK-FORWARD, LUNGE, RETURN, HIP-&-HIP

- 18-19 Left step forward, right step forward behind left and to left side of left (allow shoulders to face 2:00)
- 20&21 Left step forward, right step forward behind left and to left side of left, left step forward (allow shoulders to face 2:00)
- 22 Right toe/ball step/lunge forward (bend right knee and face 12:00)
- 23 Left back/rock
- 24&25 Right toe/ball step to side right with right hip bump, hip bump to center, right step to side right with right hip bump

ACROSS, BACK, FORWARD-&-FORWARD

- 26-27 Left step forward and across front of right, right rock/step back
- 28&29 Cha-cha-cha with $\frac{3}{4}$ turn left (left step forward, right step beside left, left step forward)
- 30-31 Clap hands at left side of head, hold
- &32 Clap hands twice at right waist (allow hips to twist left and right knee bends across front of left)

REPEAT