

Rama Lama Ding Dong

Count: 32

Wall: 4

Level: Improver

Choreographer: Susanne Schalewa (DE) & Gert Wollschlager (DE)

Music: Rama Lama Ding Dong - Rocky Sharp & The Replays



CROSS, SIDE, SAILOR STEP, KICK BALL STEP

- 1 Cross left foot in front of right foot
- 2 Step right foot to right side
- 3 Cross left foot behind right foot
- & Step right foot to right side
- 4 Step left foot to left side
- 5 Kick right foot diagonal left
- & Step right foot together
- 6 Step left foot to left side
- 7 Kick right foot diagonal left
- & Step right foot together
- 8 Step left foot to left side

CROSS, SIDE, SAILOR STEP, KICK BALL STEP

- 9 Cross right foot in front of left foot
- 10 Step left foot to left side
- 11 Cross right foot behind left foot
- & Step left foot to left side
- 12 Step right foot to right side
- 13 Kick left foot diagonal right
- & Step left foot together
- 14 Step right foot to right side
- 15 Kick left foot diagonal right
- & Step left foot together
- 16 Step right foot to right side

CROSS SHUFFLE, ¼ TURN RIGHT & SHUFFLE FORWARD, ¼ RIGHT & CHASSÉ LEFT, ¼ SAILOR TURN RIGHT

- 17 Cross left foot in front of right foot
- & Step right foot to right side
- 18 Cross left foot in front of right foot
- 19 ¼ turn right and step right foot forward
- & Step left foot together
- 20 Step right foot forward
- 21 ¼ turn right on ball of right and step left foot to left side
- & Step right foot together
- 22 Step left foot to left side
- 23 Cross right foot behind left foot
- & ¼ turn right and step left foot back
- 24 Step right foot forward

BALL, BALL, HEEL, HEEL, STEP DOWN & BEND KNEES, TOE SPLIT, STEP DOWN & BEND KNEES, HITCH

- 25 Step on ball of left foot next to right foot, turn left knee in
- 26 Step on ball of right foot in place, turn right knee in

Weight is on both balls, knees pointed inward, heels are up

- 27 Step on heel of left foot in place, turn knee out
- 28 Step on heel of right foot in place, turn knee out
- Weight is on both heels, knees pointed outward, toes are up**
- 29 Turn toes to the front and step down, bend both knees
- 30 Put weight on both heels, straight legs, turn toes out
- 31 Turn toes to the front and step down, bend both knees
- 32 Hitch left foot, straight right leg

REPEAT

TAG

After the second wall hold the hitch a bit longer and start again with the vocals

TAG

At the end of the fifth wall dance to count 31 and hold count 32. Then dance the following steps:

- 1 (Rama) turn left knee
 - 2 (Lama) turn right knee
 - & Bring both knees out
 - 3 (Ding) bring both knees in
 - & Bring both knees out
 - 4 (Ding) bring both knees in
 - 5 (Rama) turn left knee
 - 6 (Lama) turn right knee
 - & Bring both knees out
 - 7 (Ding) bring both knees in
 - & (Ding) bring both knees out
 - 8 (Ding) bring both knees in
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- 1 Left foot touch next to right foot
 - 2 Left foot touch heel left diagonal
 - 3 Left foot touch heel left diagonal
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