Rhythm Of The Body

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Raymond Sarlemijn (NL), Roy Verdonk (NL) & Darren Bailey (UK)
Music: Rhythm Of The Night - Move-It

TOUCH RIGHT, LEFT ROCK STEP, TOUCH LEFT, RIGHT ROCK STEP

1&2	Touch right toe forward, place right foot next to left foot, touch left toe forward
&3-4	Place left foot next to right foot, rock forward on right foot, recover onto left foot
5&6	Touch left toe forward, place left foot next to right foot, touch right toe forward
&7-8	Place right foot next to left foot, rock forward on left foot, recover onto right foot

BACK SHUFFLE, ROCK STEP, FULL TURN LEFT, SLIDE RIGHT, TOUCH LEFT

1&2	Step left foot behind right foot & close right foot next to left foot, step back on left foot
3-4	Rock back on right foot, recover onto left foot
5-6	Step forward on right foot making ½ turn left, step back on left foot making ½ turn left
7-8	Make a ¼ turn left while sliding to right side, touch left foot next to right foot

VINE LEFT, HEEL JACK RIGHT, VINE RIGHT HEEL JACK LEFT

1-2	Step left foot to left side, cross right foot behind left foot
&3	Step left foot to left side, touch right heel diagonally forward to right side
&4	Step right foot next to left foot, cross left foot over right foot
5-6	Step right foot to right side, cross left foot behind right foot
&7	Step right foot to right side, touch left foot diagonally forward to left side
&8	Step left foot next to right foot, cross right foot over left foot

½ TURN RIGHT, CROSS SHUFFLE, ROCK STEP, BEHIND SIDE TOUCH (WITH SHIMMIES)

1-2	Step left foot to left side, make ½ turn to right stepping right foot to right side
3&4	Cross left foot over right foot, step right foot to right side, cross left foot over right foot
5-6	Rock right foot to right side, recover onto left foot
7&8	Cross right foot behind left foot, step left foot to left side, touch right foot next to left foot

REPEAT