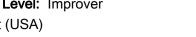
Ride A Cowboy

Wall: 2

Count: 36

Level: Improver





COPPER KNOB

Choreogram	her: Frank Light (USA) & Daun Gross-Light (USA)
Music: Save a Horse (Ride a Cowboy) - Big & Rich	
1-2	Step forward to the left with the left foot, step to the right with the right foot (legs spread shoulder width, weight evenly distributed, knees bent slightly (position of a cowboy in the saddle))
3-4	Hip shake to the left, hip shake to the right
5-6	Hop forward with legs spread, hop forward with legs spread
7-8	Hip shake to right, hip shake to left
1-2	(Shift weight to the left foot) touch turn to the left (touch right toe to right side, step right next to left as you turn $\frac{1}{2}$ turn to the left (to 6:00), shift weight to the right foot)
3-4	Left kick-ball-change (weight to right foot)
5-6	Cross left foot over right foot and touch turn 1/2 turn to the right (to 12:00, weight on right foot)
7-8	Touch left foot to front, touch left foot to rear
1-2	Shuffle forward left-right-left (weight on left foot)
3-4	Touch right foot to front, touch turn to the left ¼ turn (9:00, weight on left foot)
5-6	Cross right foot over left, turn ½ turn to the left (to 3:00, shift weight to right foot)
7-8	Left kick-ball-change (weight on right foot)
1-2	Left sailor shuffle (weight on left foot)
3-4	Right sailor shuffle turning ¼ turn to the right (6:00, weight on right foot)
5-8	Starting with left foot, walk forward 4 steps while turning full turn (walking turn, weight ends up on right foot)
1-2	Step forward on left foot, lock right foot behind left heel (weight on right foot)
3-4	Step forward on left foot, lock right foot behind left heel (weight on right foot)
REPEAT	