Ride That Train

Count: 40 **Wall:** 4 **Level:**
Choreographer: Scott Blevins (USA)
Music: C'mon N' Ride It (The Train) - Quad City DJ's

HEEL TWISTS, CLAP

1	Step right foot to right side and, at same time, with weight on balls of both feet, twist heels to the right.
&	Twist heels to center
2	Twist heels to right
&	Twist heels to center
3	Step right foot next to left foot (with weight)
4	Clap hands

HEEL TWISTS, CLAP

5	Step left foot to left side and, at the same time, with weight on balls of both feet, twist heels to the left
&	Twist heels to center
6	Twist heels to left
&	Twist heels to center
7	Step left foot next to right foot, (with weight)
8	Clap hands

TOE POINT SWITCHES, HEEL, TOE

9	Touch right toe to right side
&	Place right foot next to left foot
10	Touch left toe to left side
&	Place left foot next to right foot
11	Touch right heel forward at a 45 degree angle to the right
&	Place right foot next to left foot
12	Touch left toe back at a 45 degree angle to the left, (weight on right foot)

TURN ¼, HIP SHIFTS

13	Keeping weight over right foot and keeping left foot back, pivot ¼ turn left on ball of right foot (left foot is now forward of right foot)
14	Shift hips forward
15	Shift hips back
16	Shift hips forward (weight ends on left foot).

SIDE, SLIDE, SIDE, SLIDE

17	Step right foot to right side
18	Slide left foot next to right foot
19	Step right foot to right side
20	Slide left foot next to right foot (weight transfers to left foot)

KICK, HEEL, CROSS, STEP

21	Kick right foot forward at a 45 degree angle left
&	Place right foot next to left foot (weight now on right foot)
22	Touch left heel forward at a 45 degree angle left
&	Place left foot next to right foot (weight now on left foot)
23	Cross (step) right foot in front of left foot

24	Step left foot to left side (shoulder width apart but even with right foot weight on both feet)

SHAKE HIPS, GRIND HIPS

25&26	Bending slightly forward at waist shake hips side to side
27&28	Bending slightly back at waist shake hips side to side
29-32	Grind hips to the left for 4 counts ending with weight on left foot

HIP BUMPS

33	Step right foot forward at a 45 degree angle right and bump right hip to right at same time
34	Bump right hip to right again
35	Shift weight to left foot and bump left hip to left at same time
36	Bump left hip to left again
37	Step right foot back and bump right hip to right side at same time
38	Bump right hip to right again
39	Step left foot next to right foot and bump left hip to left at same time
40	Bump left hip to left again

REPEAT
