

# RUZGAR'S OLD DANISH

**Count:** 64      **Wall:** 2      **Level:** intermediate

**Choreographer:** Hanne Ekknud Pedersen

**Music:** Floor Filler by The A\*Teens



## **3 X TOUCH TOE, TURN, 3 X TOE TOUCH, TURN**

- 1-2                      Touch right toe to right side, touch right toe next to left foot
- 3-4                      Touch right toe back, turn ½ turn ending with weight on right foot
- 5-6                      Touch left toe to left side, touch left toe next to right foot
- 7-8                      Touch left toe back, turn ½ turn ending with weight on left foot

## **2 X STEP, 2 X THROW HEAD TO SIDE, CROSS TURN, 2 X TOUCH, STEP**

- 9-10                    Step forward on right foot, step forward on left foot
- 11-12                  While facing front, tilt head to left, and throw to left side two times
- 13-14                  Cross right foot over left foot, and turn ½ turn (weight on right foot)
- 15&16                  Touch left toe to left side, touch left toe next to right foot, step left foot to left side

## **2 X SLIDE SIDE, 4 X QUICK BODY ROLL**

- 17-18                  Step to right side with right foot, and touch left foot next to right
- 19-20                  Step to left side with left foot, and touch right foot next to left
- 21&22                  Roll body down from top, roll body up from bottom (weight on right foot)
- 23&24                  Roll body down from top, roll body up from bottom (weight on right foot)

## **STEP TURN, 2 X THROW HEAD TO SIDE, 2 X TOUCH, KNEE BEND, ¼ TURN**

- 25-26                  Step right foot in front and turn ½ turn (weight on left foot)
- 27-28                  While facing front, tilt head to left, and throw to left side two times
- 29-30                  Touch right toe in front, touch right to right side
- 31-32                  Bend down in your knees, turn ¼ turn and straighten up (weight on left foot)

## **2 X BACK STEP SLIDE, 4 X QUICK BODY ROLL**

- 33-34                  Step back on right foot, slide left foot next to right foot
- 35-36                  Step back on right foot, slide left foot next to right foot
- 37-38                  Roll body down from top, roll body up from bottom (weight on right foot)
- 39-40                  Roll body down from top, roll body up from bottom (weight on right foot)

## **3 X TOUCH, TURN, KICK, STEP, HEAD NOD**

- 41-42                  Touch left toe to left side, touch right toe to right side
- 43-44                  Touch left toe to left side, turn ¼ turn (weight on right foot)
- 45-46                  Kick left foot in front, step down on left foot with weight
- 47-48                  Nod head down, and look straight ahead again

## **2 X STEP, KNEE BEND, TOUCH, FULL TURN, 2 X TOUCH**

- 49-50                  Step forward on right foot, step forward on left foot
- 51-52                  Bend down in your knees and straighten up again (weight on left foot)
- 53-54                  Touch right toe to right side (prep for full turn), turn full turn (weight on right foot)
- 55-56                  Touch left toe to left side, touch left toe next to right foot

## **STEP, TOUCH, KICKBALL STEP, STEP TURN, KICKBALL CHANGE**

- 57-58                  Step back on left foot, touch right toe forward (weight on left foot)

59&60	Kick right foot in front, put weight on right foot, step forward on left foot
61-62	Step forward on right foot, turn ½ turn ending with weight on left foot
63-64	Kick right foot in front, put weight on right foot, step down on left foot

### **REPEAT**

At a time, the music goes a bit down in level, but the beat is still the same, so just continue where you are in the dance