

Sea Legs

Count: 32

Wall: 1

Level: Beginner

Choreographer: Chris Cleevely (UK)

Music: Sea Cruise - Frankie Ford

or: I'm from the Country - Tracy Byrd

or: Mony Mony - The Deans Brothers



Written for Meg on Royal Caribbean's Legend Of The Seas

WALK, WALK; ½ TURN LEFT; TOE STRUTS FORWARD

- 1-2 Walk forward right, walk forward left
- 3-4 Step forward on right and pivot ½ turn left (weight on left)
- 5-6 Touch right toe forward, drop right heel
- 7-8 Touch left toe forward, drop left heel

WALK, WALK; ½ TURN LEFT; TOE STRUTS FORWARD

- 9-10 Walk forward right, walk forward left
- 11-12 Step forward on right and pivot ½ turn left (weight on left)
- 13-14 Touch right toe forward, drop right heel
- 15-16 Touch left toe forward, drop left heel

STEP FORWARD RIGHT, TOUCH, STEP BACK LEFT, TOUCH; STEP RIGHT SIDE, TOUCH, STEP LEFT SIDE, TOUCH

- 17-18 Step forward on right, touch left toe by right
- 19-20 Step back on left, touch right toe by left
- 21-22 Step right to right side, touch left toe behind right
- 23-24 Step left to left side, touch right toe behind left

RIGHT, TOGETHER, RIGHT, TOUCH; LEFT, TOGETHER, LEFT, TOUCH

- 25-26 Step right to right side, step left next to right
- 27-28 Step right to right side, touch left toe by right
- 29-30 Step left to left side, step right next to left
- 31-32 Step left to left side, touch right toe by left

REPEAT

Last Update - 21 Mar 2022