7 Days

Count: 64 **Wall:** 4 **Level:** Intermediate
Choreographer: Oli Geir (ICE) & Hugrun (ICE)
Music: After Your Love Is Gone - Modern Talking

STEP FORWARD, ROCK STEPS X 4, LEFT COASTER STEP, STEP FORWARD

1	Step forward on right
2-3	Rock forward on left, rock back on right (use hips)
4-5	Rock forward on left, rock back on right (use hips)
6&7	Step back on left, step right beside left, step forward on left
8	Step forward on right

STEP, PIVOT ½ TURN RIGHT, STEP, PIVOT ½ TURN RIGHT, LEFT CHASSE, BACK ROCK

1-2	Step forward on left, pivot ½ turn right
3-4	Step forward on left, pivot ½ turn right (facing 12:00)
5&6	Step left to left side, close right beside left, step left to left side
7-8	Rock back on right, rock forward on left (use hips)

SIDE, CROSS, SIDE, CROSS, RIGHT KICK-BALL-CROSS TWICE

1-2	Step right to right side, cross step left over right (use Cuban hips)
3-4	Step right to right side, cross step left over right (use Cuban hips)
5&6	Low kick right diagonally forward right, step ball of right back to place, cross step left over right
7&8	Low kick right diagonally forward right, step ball of right back to place, cross step left over right

SIDE ROCK, RIGHT SAILOR ½ TURN RIGHT, LEFT KICK-BALL-CROSS TWICE

1-2	Rock right to right side, recover weight on left (use hips)
3&4	Cross right behind left turning ¼ right, turn ¼ right stepping left to left side, step forward on right
5&6	Low kick left diagonally forward left, step ball of left back to place, cross step right over left
7&8	Low kick left diagonally forward left, step ball of left back to place, cross step right over left

FORWARD ROCK, LEFT SHUFFLE ½ TURN LEFT, STEP, PIVOT ½ TURN LEFT, CROSS, TOUCH

1-2	Rock forward on left, rock back on right (facing 6:00)
3&4	Left shuffle turning back ½ turn left stepping left, right, left
5-6	Step forward on right, pivot ½ turn left
7-8	Cross step right forward over left, touch left toe out to left side (facing 6:00)

CROSS, SIDE, LEFT CROSS SHUFFLE, ¼ TURN LEFT, ½ TURN LEFT, RIGHT SHUFFLE FORWARD

1-2	Cross step left over right, step right to right side
3&4	Cross step left over right, step right to right side, cross step left over right (use Cuban hips)
5-6	Turn ¼ turn left stepping back on right, turn ½ turn left stepping forward on left
7&8	Right shuffle forward stepping right, left, right (facing 9:00)

FORWARD ROCK, LEFT TRIPLE FULL TURN LEFT, STEP FORWARD, TOGETHER, STEP BACK, TOGETHER

1-2	Rock forward on left, rock back on right
3&4	Left triple step (on the spot) turning full turn left; stepping left, right, left
5-6	Step forward on right, step left beside right
7-8	Step back on right, step left beside right (facing 9:00)

FORWARD ROCK, RIGHT SHUFFLE ½ TURN RIGHT, SPIRAL FULL TURN RIGHT, LEFT SHUFFLE FORWARD

1-2	Rock forward on right, rock back on left
3&4	Right shuffle turning back ½ turn right; stepping right, left, right
5-6	Step forward on left spinning full turn right, step forward on right
7&8	Left shuffle forward stepping left, right, left (facing 3:00)

REPEAT
