

TAKE DA TRAIN



Count: 32 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Nancy A. Morgan

Music: C'mon N' Ride It (The Train) by Quad City DJs



Long intro. Start when the man starts singing, if you start before that, you will be out of phrase.

WALK, WALK, HEEL AND HEEL AND STEP, PIVOT ½ TURN, BOUNCE TWICE

- 1-2 Walk forward - right, left
- 3&4& Put right heel forward, put right next to left as you put left heel forward, put left next to right
- 5-6 Put right foot forward, pivot ½ turn to your left (keep weight on right)
- 7-8 Bounce up and down 2 times (put your thumb out like you are hitching a ride)

KICK-BALL-STEP FORWARD, KICK-BALL-STEP FORWARD, SWIVEL TWICE ¼ RIGHT, KICK-BACK-TOGETHER

- 1&2 Kick right foot forward, put right foot next to left, step forward on left
- 3&4 Kick right foot forward, put right foot next to left, step forward on left
- 5&6 Swivel on balls of both feet two times as you turn ¼ to your right (keep weight on left)
- 7&8 Kick right foot forward, put right foot next to left, step left next to right (weight is even)

HOP TO RIGHT TWICE, HOP TO LEFT TWICE

- &1-2 Hop to right side - step right, touch left, hold
- &3-4 Hop to right side - step right, touch left, hold
- &5-6 Hop to left side - step left, touch right, hold
- &7-8 Hop to left side - step left, touch right, hold

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, HOLD, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, HOLD

- &1 Step right foot forward towards 1:00, touch left next to right
- &2 Step left foot forward towards 11:00, touch right next to left
- &3-4 Step right foot forward towards 1:00, touch left next to right, hold
- &5 Step left foot forward towards 11:00, touch right next to left
- &6 Step right foot forward towards 1:00, touch left next to right
- &7-8 Step left foot forward towards 11:00, touch right next to left, hold

REPEAT