

TAKE IT FROM JASON

Count: 52 **Wall:** 0 **Level:**

Choreographer: Donna Laurin

Music: **Take It From Me** by Jason McCoy



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|-------|---|
| 1-4 | Rolling left vine (touch right) |
| 5-8 | Rolling right vine (weight on left) |
| 9-10 | Touch right toe beside left foot, touch right heel beside left foot |
| 11-12 | 3-step shuffle forward (right-left-right) |
| 13-14 | Touch left toe beside right foot, touch left heel beside right foot |
| 15-16 | 3-step shuffle backward (left-right-left) |
| 17-18 | Rock back on right, rock forward on left |
| 19-20 | Kick right foot forward, kick right foot to the side |
| 21-22 | Sailor shuffle * (right-left-right) |
| 23-24 | Kick left foot forward, kick left foot to the side |
| 25-26 | Sailor shuffle * (left-right-left) |
| | |
| 27-30 | Two ball pivots ** |
| 31-34 | Step right foot forward swaying hip forward, sway hip back, sway hip forward, sway hip back |
| 35-38 | Step left foot back swaying hip back, sway hip forward, sway hip back, sway hip forward |
| 39-42 | Step side right, left behind, step side right, left behind |
| 43-44 | Step side right, touch left to right |
| 45-48 | Step side left, right behind, step side left, right behind |
| 49-50 | Step ¼ turn left on left, touch right beside left |
| 51-52 | Step side right, touch left |

REPEAT

* Sailor Shuffle: shuffle step starting with a cross behind

** Ball Pivot: 1-touch right heel forward, 2- Pivot on the ball of Left foot, ¼ turn to the left, at the same time touch right toe next to left