

TAKE ME TO THE LOCHS

Count: 0 Wall: 1 Level:

Choreographer: Michael John Sr.

Music: Lochs Around Inchnadamph by The Ryes



Sequence:

AAB,AAB,AAB*,A to end

PART A

SIDE SHUFFLES WITH ½ TURNS X3, BACK ROCK STEP

- 1&2 Side shuffle to the right on right-left-right, making ½ turn right on final step
- 3&4 Side shuffle to the left on left-right-left making ½ turn left on final step
- 5&6 Side shuffle to the right on right-left-right
- 7-8 Rock back on left, rock forward on right.

FORWARD SHUFFLES X3, ROCK STEP

- 9&10 Shuffle forward on left-right-left
- 11&12 Shuffle forward on right-left-right
- 13&14 Shuffle forward on left-right-left
- 15-16 Cross rock forward right over left, rock back on left

CROSSING SHUFFLE STEPS, GRAPEVINE LEFT

- 17&18& Step right to left side across left, step left slightly behind right, step right to left side across left, step left slightly behind right.
- 19&20 Step right to left side across left, step left slightly behind right, step right to left side across left.

Body should be angled 45 degrees to the left during the above steps

- 21-22 Step left to left side, step cross right behind left
- 23-24 Step left to left side, touch right beside left

Straighten body to face home wall during the grapevine

SHUFFLES BACK, CROSS UNWIND FULL TURN WITH CLAP

- 25&26 Shuffle back on right-left-right
- 27&28 Shuffle back on left-right-left
- 29 Cross right over left
- 30-31 Unwind full turn left
- 32 Clap hands

PART B

TOE HEEL STRUTS WITH ½ TURNS AND FINGER CLICKS

- 1-2 Touch right toe to right side raising right heel from floor and both hands to shoulder height. Lower right heel to floor clicking fingers and lowering hands.
Pivoting ½ turn right on right foot, touch left toe to left side raising heel from floor and both hands to shoulder height. Lower left heel to floor clicking fingers and lowering hands.
- 3-4 Pivoting ½ turn left on left foot, touch right toe to right side raising heel from floor and both hands to shoulder height. Lower right heel to floor clicking fingers and lowering hands.
- 5-6 Pivoting ½ turn left on left foot, touch right toe to right side raising heel from floor and both hands to shoulder height. Lower right heel to floor clicking fingers and lowering hands.

7-8 Pivoting ½ turn right on right foot, touch left toe to left side raising heel from floor and both hands to shoulder height. Lower left heel to floor clicking fingers and lowering hands.

SAILOR STEPS, ROCK STEP, COASTER STEP

9&10 Cross right behind left, step left to left side, step right to right side.
11&12 Cross left behind right, step right to right side, step left to left side.
13-14 Rock forward on right, rock back on left
15&16 Step back on right, step left next to right, step right forward
17-32 Repeat 1-16 of part b on opposite feet to end facing home wall

CROSSING SHUFFLE, SIDE SHUFFLE, CROSS UNWIND FULL TURN WITH CLAP

33&34 Cross shuffle left on right-left-right
35&36 Side shuffle to left on left-right-left
37 Cross right over left
38-39 Unwind full turn over left shoulder
40 Clap hands

At the end of the final Part B, we add a 4-count tag.

1-4 Bend both knees right, left, right, left (end with weight on left)

After this wall is complete, simply dance Part A, repeating until the end.