

Their Hearts Are Dancing

COPPER **NOB**
BY THE POUND

Count: 48

Wall: 0

Level:

Choreographer: Rosalie Mackay (AUS)

Music: Their Hearts Are Dancing - The Forester Sisters



FORWARD, FULL TURN, WALTZ FORWARD

1-6 Step left forward, stepping right-left turn full turn left, step right forward, step left beside right, step right in place

ROCK BACK, FORWARD, SCUFF, CROSS, BACK, BACK

7-9 Rock/step left back, step right in place, scuff left forward at 45 degrees left

10-12 Cross left over right, step right back, step left back diagonally

CROSS, TURN, STEP, SIDE, SLIDE, TAP

13-15 Step right across left, step left back diagonally beginning $\frac{1}{2}$ turn turn right, complete turn by stepping right beside left

16-18 Step left to side, slide right beside left, tap right

ROCK, HOLD, ROCK, CROSS, SIDE, STEP

19-21 Rock/step right to right side, hold, rock/replace weight on left

22-24 Cross right over left, step left to side, step right to side slightly back

CROSS, QUARTER, HALF, QUARTER, KICK, KICK

25-30 Cross left over right, turn $\frac{1}{4}$ turn left & step right, turn $\frac{1}{2}$ turn left & step left, turn $\frac{1}{4}$ turn left & step right to side, sweep left through & kick left across right twice

CROSS, SIDE, STEP, CROSS, TURN, TOGETHER

31-36 Cross left over right, step right to side, step left to side, cross right over left, turn $\frac{1}{2}$ turn right & step left, step right beside left

FORWARD, HALF-TURN, BACK, TOUCH-TURN

37-39 Step left forward, turn $\frac{1}{2}$ turn left & step on right, step left beside right

40-42 Step right back, touch left toe behind, turn $\frac{1}{2}$ turn left transferring weight to left

SLOW PIVOT-TURN, FORWARD, FULL TURN

43-45 Step right forward, slowly pivot $\frac{1}{2}$ turn left (2 beats)

46-48 Step right forward, stepping left-right turn full turn right

REPEAT

INSTRUMENTAL BREAK

After three sequences, and starting facing the back wall:

BASIC WALTZ FORWARD & BACK

1-6 Step left forward, right beside left, left beside right, step right back, left beside right, right beside left

FORWARD, HALF-TURN, BACK, TOUCH-TURN

7-9 Step left forward, turn $\frac{1}{2}$ turn left & step on right, step left beside right

10-12 Step right back, touch left toe behind, turn $\frac{1}{2}$ turn left transferring weight to left

SLOW PIVOT-TURN, FORWARD, FULL TURN

13-15 Step right forward, slowly pivot $\frac{1}{2}$ turn left (2 beats)

16-18 Step right forward, stepping left-right turn full turn right

