

# Thrive

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Henry Costa (USA)

Music: I Just Wanna Be Happy - Gloria Estefan



## HEEL, TOGETHER, HEEL, TOGETHER, TOE, HEEL, POINT & POINT, TOGETHER, POP UP

- 1&2& Right heel tap forward, right next to left, left heel tap forward, left next to right  
3-4 Right toe touch forward, right heel down (lean upper body down - like starting to do sit up and bending left knee slightly stating to squat down)  
5&6 Point out left to left side, left next to right, point out right to right side  
7-8 Right next to left, pop back straight up from squatted down position standing straight up

Helps to bring chest slight out forward to help stand straight. Weight now on left

## FORWARD RIGHT, TOUCH & CLAP, BACK LEFT, TOUCH & CLAP, OUT-OUT, HOLD & CLAP, IN-IN HOLD & CLAP

- 1-2 Forward right, touch left next to right and clap  
3-4 Back left touch right next to left and clap  
&5-6 Right step side right, left step side left (feet shoulder distance apart - weight on left), hold & clap  
&7-8 Right step to center, left step to center next to right (feet together - weight on left)

## FORWARD, ½ TURN, RIGHT KICK BALL CHANGE, FORWARD, ½ TURN, RIGHT KICK BALL CHANGE

- 1-2 Forward right, ½ turn left (transfer weight to left)  
3&4 Kick right forward, step on to ball of right next to left, change weight to left  
5-6 Forward right, ½ turn left (transfer weight to left)  
7&8 Kick right forward, step on to ball of right next to left, change weight to left

## GRAPEVINE RIGHT, GRAPEVINE LEFT WITH ¼ TURN

- 1-2 Side right, cross left behind right  
3-4 Side right, touch left next to right (weight on right)  
5-6 Side left, cross right behind left  
7-8 ¼ turn left with left, touch right next to left (weight on left)

REPEAT