

Troubled Mind

Count: 32

Wall: 4

Level:

Choreographer: Gordon Elliott (AUS)

Music: Ease My Troubled Mind - Ricochet



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| 1-4 | Kick left forward, stomp left together, clap twice |
| 5-6 | Step left to the side, slide right together |
| 7-8 | Step left to the side, slide right together |
| 9-10 | Strut-step right heel forward, slap right toe to the floor |
| 11-12 | Step left heel forward, slap left toe to the floor |
| 13-14 | Touch right heel forward, touch right toe back |
| 15 | Pivoting on the left-turn ¼ turn right |
| 16 | Hitch right knee across body and slap with left hand |
| 17-18 | Step right to the side, step left behind right |
| 19 | Step right to the side |
| 20 | Hitch left knee across body and slap with right hand |
| 21 | Touch left toe to the side |
| 22 | Step left toe across in front of right |
| 23 | On the balls of the feet-turn ½ turn right |
| 24 | Kick right forward |
| 25-26 | Step right back, touch left toe back |
| 27-28 | Step left forward, kick right forward |
| 29-30 | Step right back, step left back |
| 31 | Turning ½ turn right, step right forward |
| 32 | Stomp left together |

REPEAT
