CROSS, SIDE, TURN ¼ RIGHT, TOUCH BACK, LEFT SHUFFLE FORWARD, RIGHT SHUFFLE TURN ¼ LEFT
1-2  Cross right over left, step left to side
3-4  Turn ¼ right and step right back, touch left toe back
5&6  Shuffle forward stepping left, right, left
7&8  Shuffle forward turning ½ left and step right, left, right (9:00)

BACK ROCK, LEFT SHUFFLE FORWARD, RIGHT SHUFFLE TURN ¼ LEFT, BACK ROCK
1-2  Rock left back, recover on right
3&4  Shuffle forward stepping left, right, left
5&6  Shuffle forward turning ½ left and step right, left, right (3:00)
7-8  Rock left back, recover on right

SIDE ROCK TURN ¼ RIGHT, LEFT CROSS SHUFFLE, SIDE ROCK, KICK TWICE
1-2  Rock left to side, recover on right
3&4  Turn ¼ right and cross left over right, step right to side, cross left over right
5-6  Rock right to side, recover on left
7-8  Kick right diagonally forward, kick right diagonally forward (6:00)

SIDE ROCK, RIGHT CROSS SHUFFLE, 2 X TURN ¼ RIGHT, LEFT SHUFFLE FORWARD
1-2  Rock right to side, recover on left
3&4  Cross right over left, step left to side, cross right over left
5-6  Turn ¼ right and step left back, turn ¼ right and step right to side
7&8  Shuffle forward stepping left, right, left (12:00)

FORWARD ROCK, BACK ROCK, TRIPLE STEP TURN ½ LEFT, BACK ROCK
1-2  Rock right forward, recover on left
3-4  Rock right back, recover on left
5&6  Triple in place turning ½ left and step right, left, right
7-8  Rock left back, recover on right (6:00)

TRIPLE STEP TURN ¼ RIGHT, BACK ROCK, CROSS, STEP BACK, RIGHT COASTER STEP
1&2  Triple in place turning ½ right and step left, right, left (12:00)
3-4  Rock right back, recover on left
5-6  Cross right over left, step left back
7&8  Step right back, step left together, step right forward

FULL TURN RIGHT, STEP, TURN ¼ RIGHT, DIAGONAL SLIDE TOUCH, HEEL SWITCHES
1-2  Turn ½ right and step left back, turn ½ right and step right forward
Or walk forward left, right
3-4  Step left forward, turn ½ right (weight to right)
5-6  Step left diagonally forward, slide/touch right together
7&8  Touch right heel forward, step right together, touch left heel forward (6:00)

& DIAGONAL SLIDE TOUCH, HEEL SWITCHES, & FORWARD ROCK, CROSS BEHIND, TOUCH
&  Step left together
1-2  Step right diagonally forward, slide/touch left together
3&4  Touch left heel forward, step left together, touch right heel forward
&5-6  Step right together, rock left forward, recover on right
7-8  Cross left behind right, touch right to side (6:00)

REPEAT